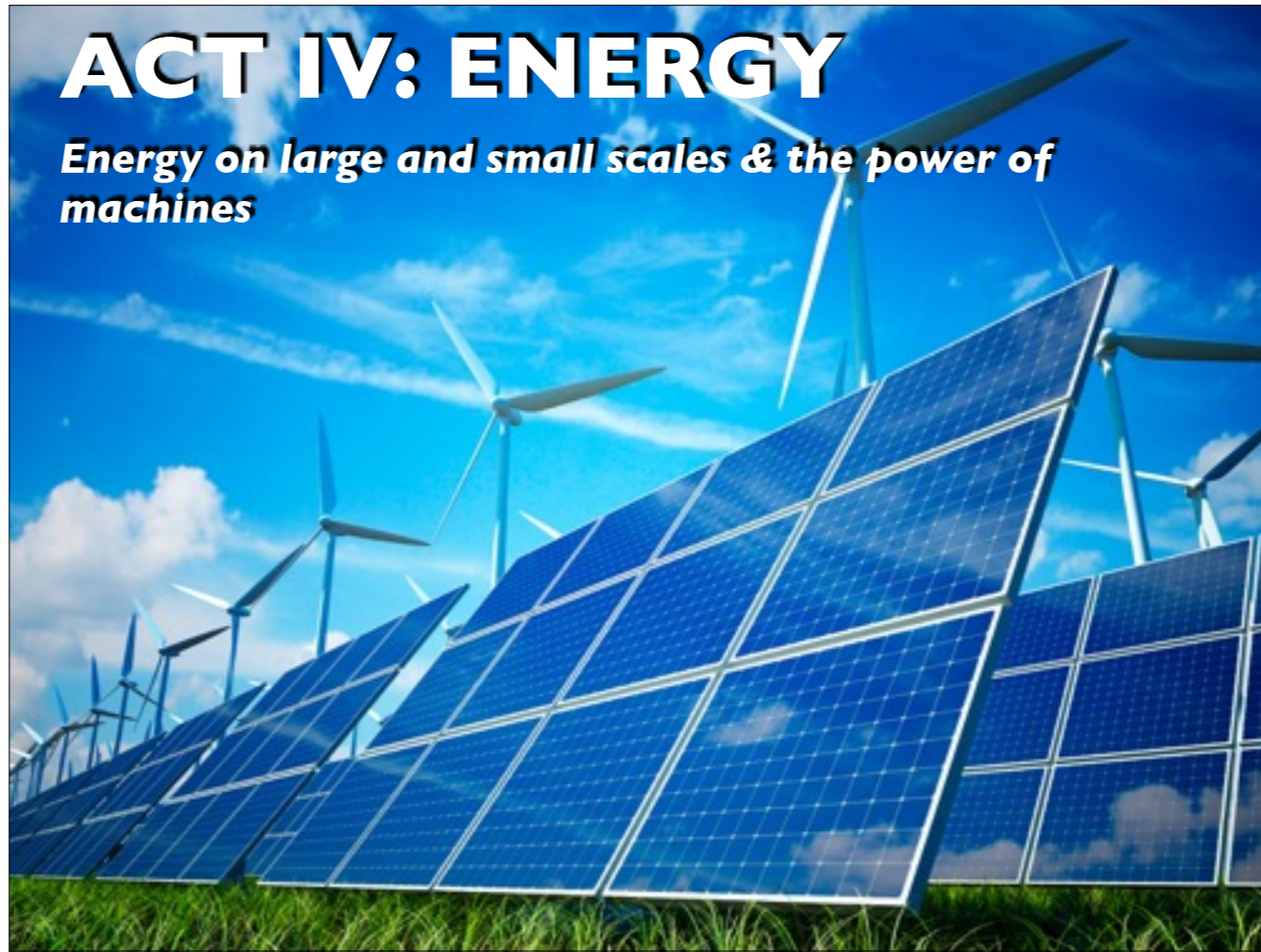


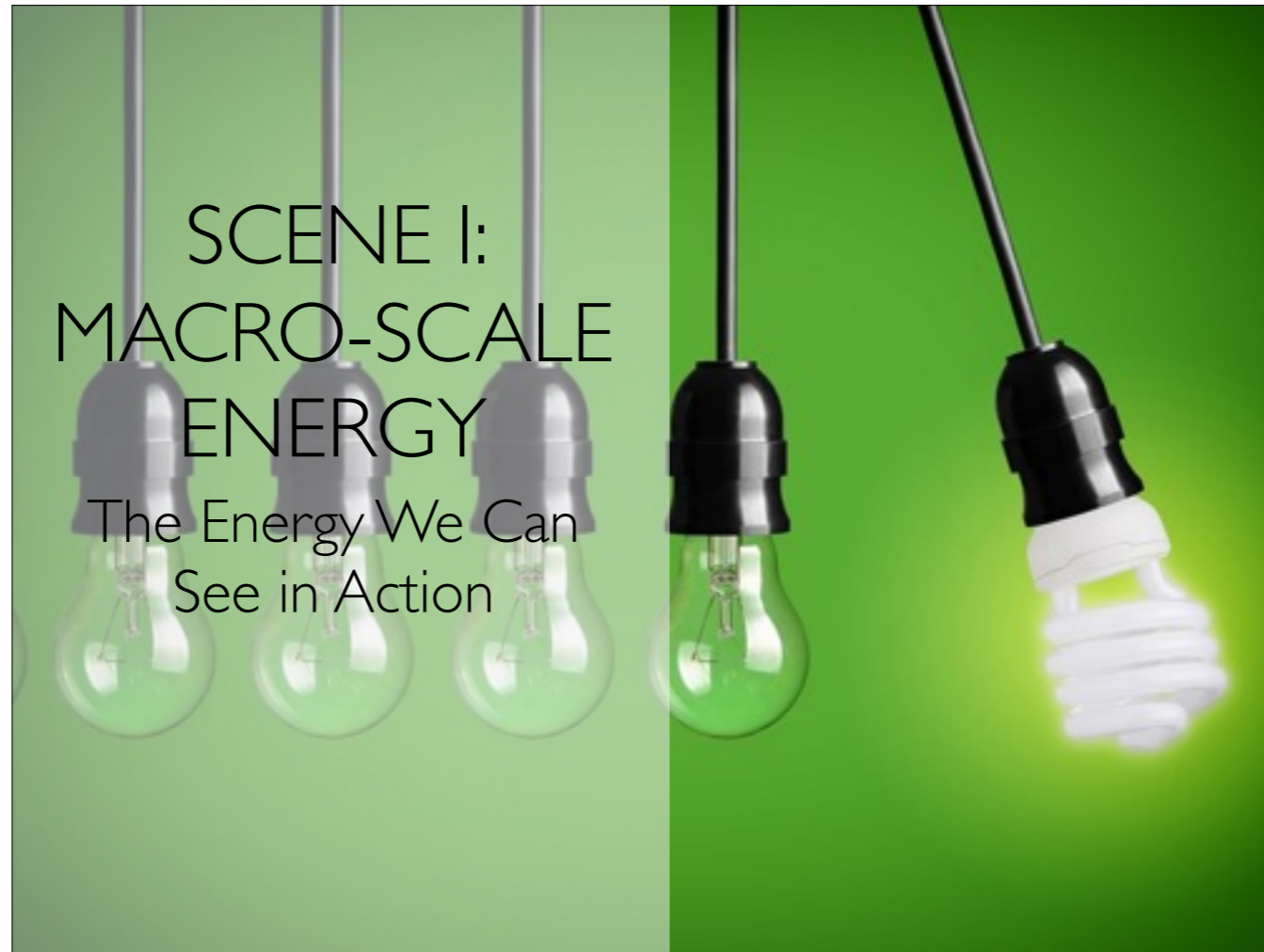
# ACT IV: ENERGY

*Energy on large and small scales & the power of machines*



SCENE I:  
MACRO-SCALE  
ENERGY

The Energy We Can  
See in Action



What comes to mind when you think  
of *energy*?

Energy is the ability to do stuff

- Before we looked at force as playing the central role in determining motion
- But we can also analyze motion by looking at energy

# ENERGY IS...

- **Scalar** (direction doesn't matter)
- **Conserved** (energy can't be created or destroyed, just shuffled around)
- Measured in a unit called a **joule** ( J )

# FORMS OF ENERGY

- kinetic or mechanical
- gravitational
- elastic
- heat
- chemical
- electrical
- nuclear
- mass



# WORK

In physics, **work** is the energy needed to enact a force through some displacement

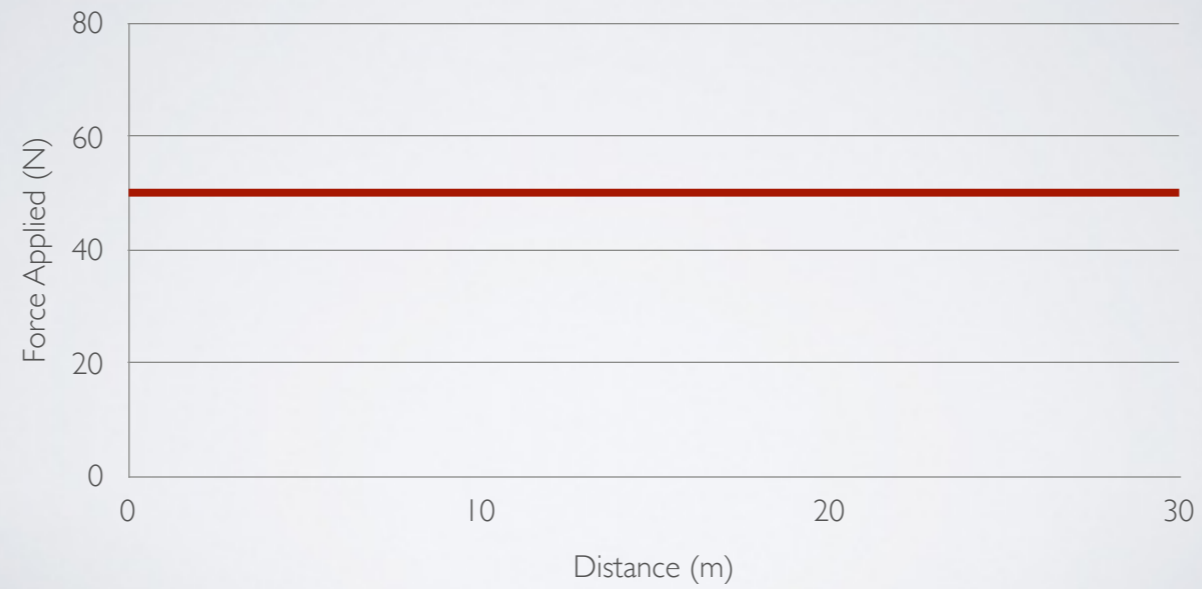
- Your mom's rearranging the living room and asks you move the couch to the other side of the room
  - Nbd
- Your family's moving, and your mom asks you to move the couch into the moving van
  - Giant pain in the butt

$$W = \int F \cdot dr$$

**work** equals **force** integrated over **distance**



- Ex. You apply 50 N of force horizontally to move a grocery cart 30 m. How much work did you do?

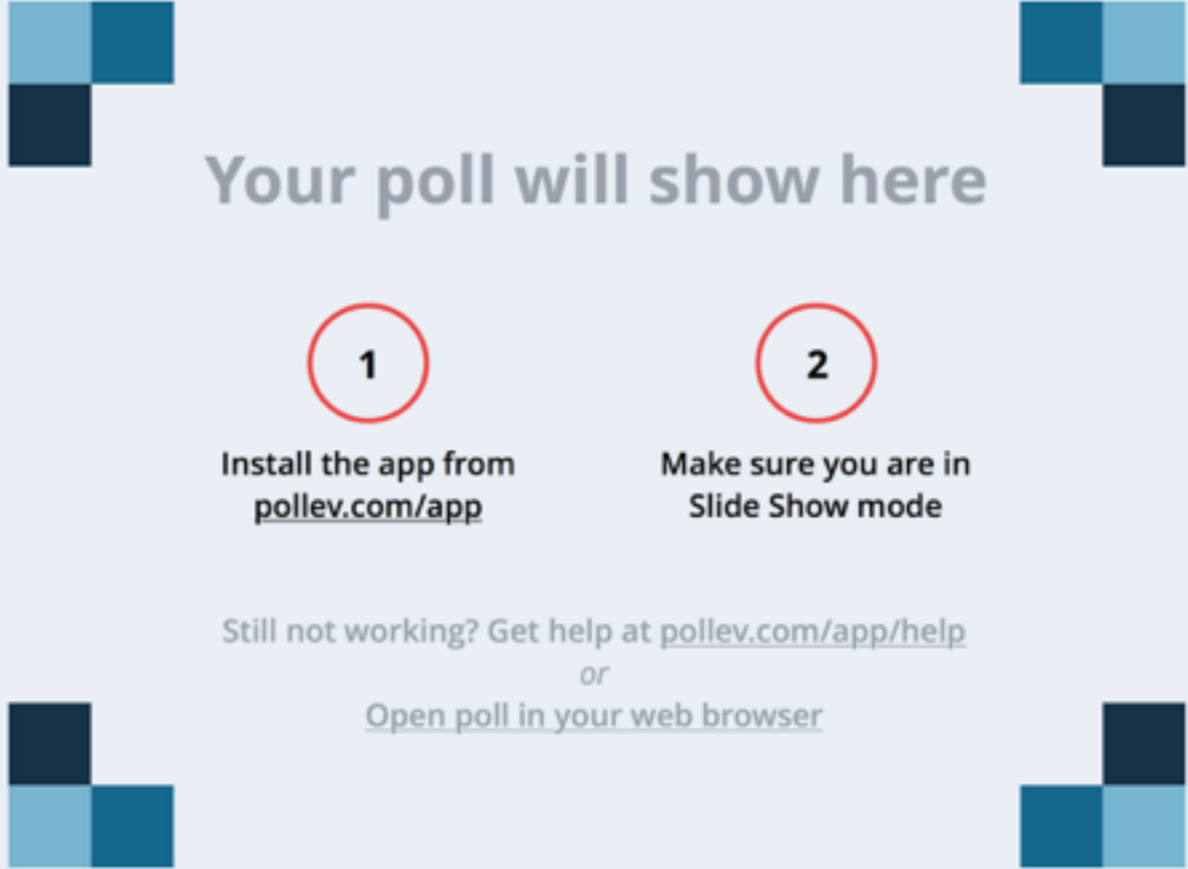


- To calculate the work done, find the area under the *force vs distance* graph
- $50 \text{ N} \times 30 \text{ m} = 150 \text{ J}$

# WORK

A force can be exerted on an object and yet do no work





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Which of the following does work?

[https://www.polleverywhere.com/multiple\\_choice\\_polls/W2tEas7lCnJbMxi](https://www.polleverywhere.com/multiple_choice_polls/W2tEas7lCnJbMxi)

Which of the following does work?

- A. Holding a heavy bag of groceries
- B. A large asteroid drifts 20 km at a constant speed
- C. Lifting a mug of hot chocolate to your mouth
- D. Gravity on a couch as you push it across the room

Which of the following does work?

- A. Holding a heavy bag of groceries
- B. A large asteroid drifts 20 km at a constant speed
- C. Lifting a mug of hot chocolate to your mouth**
- D. Gravity on a couch as you push it across the room

The only forces that do work are the ones that **contribute to motion**

## WORK CAN BE DONE...

- **by** an object or **on** an object
- by a **particular force** or by the **net force**

- Be specific!

# PRACTICE I: CAN I PAY YOU IN NICKELS?

- You demanded your job pay you in nickels, and now you have to drag a box of your bi-weekly paycheck to your car
- You drag the 50 kg crate 40 m across the floor by applying a constant force,  $F_A = 100$  N. The floor is rough and exerts a friction force  $F_{fr} = 40$  N
- Determine the work done by each force acting on the crate and the net work done on the crate

- Answer:  $W_g = 0$
- $W_N = 0$
- $W_A = 4,000$  J
- $W_{fr} = -1,600$  J
- $W_{net} = 2,400$  J



# NEGATIVE ENERGY

- Forces done *against* motion do negative work
- Energy put **into** the system is **positive**, energy taken **out of** the system is **negative**

- In the last problem, friction did negative work because it takes energy out of the system (and converts it to heat energy)

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The Moon revolves around the Earth in a circular orbit, kept there by the gravitational force exerted by the Earth. What work does gravity do on the Moon?  
[https://www.pollev.com/multiple\\_choice\\_polls/1QN8iPFWvHv3fkw](https://www.pollev.com/multiple_choice_polls/1QN8iPFWvHv3fkw)

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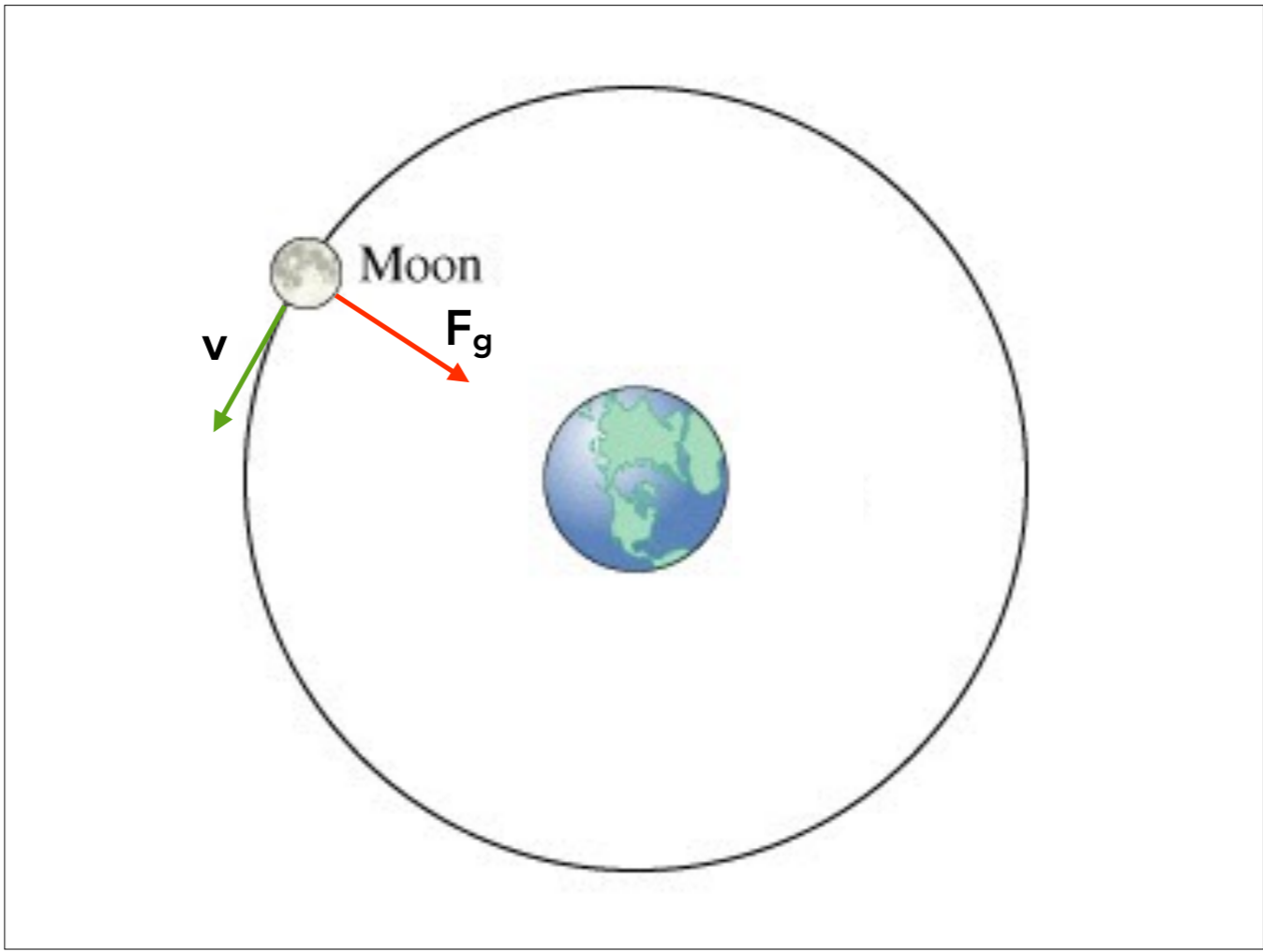
- A. positive work
- B. negative work
- C. no work at all

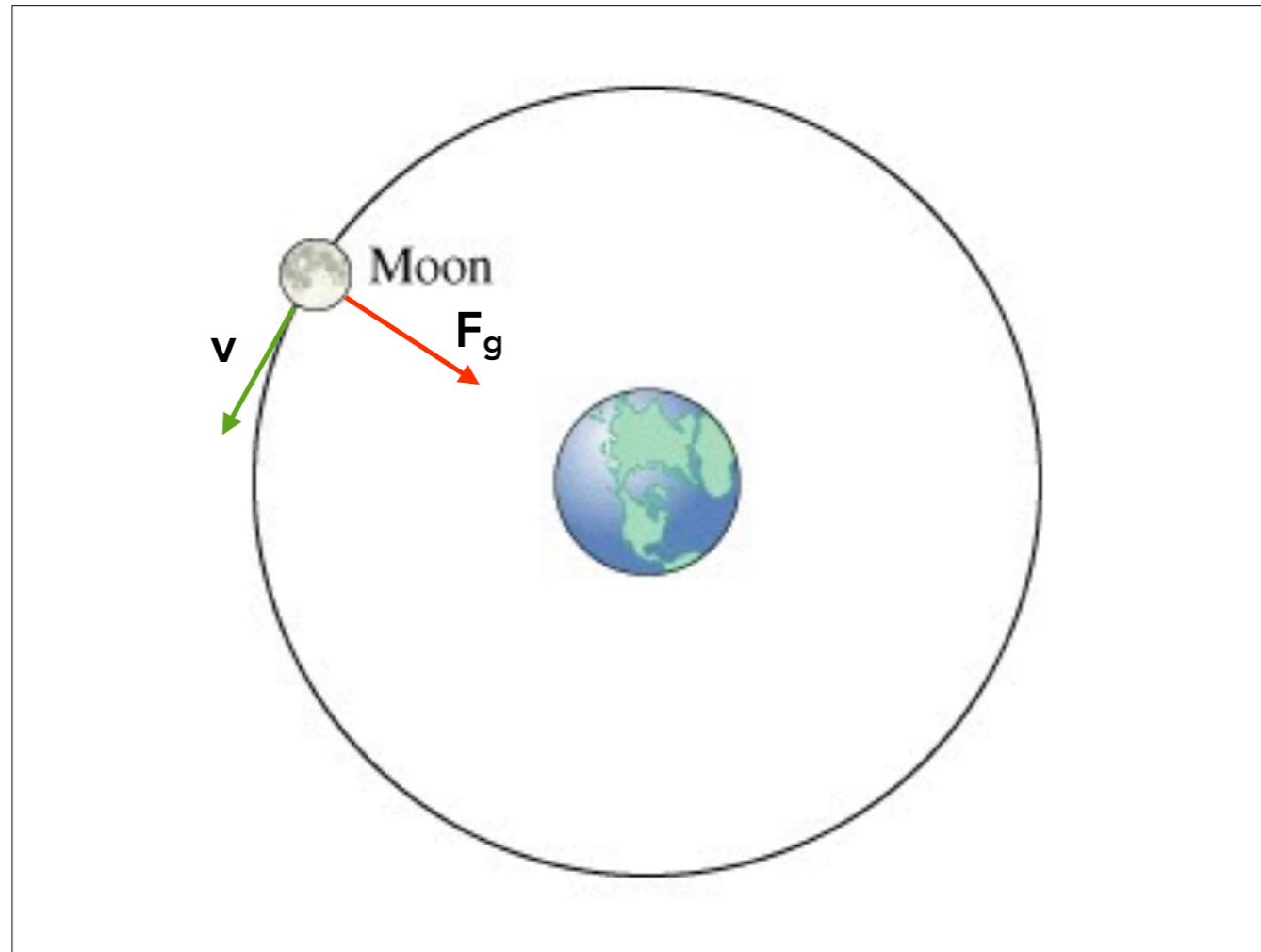
The Moon revolves around the Earth in a circular orbit, kept there by the gravitational force exerted by the Earth. What work does gravity do on the Moon?

A. positive work

B. negative work

**C. no work at all**





- No component of the force of gravity acts in the same direction as the Moon's motion, therefore gravity doesn't do any work on the Moon



headlikeanorange

Kinetic Energy is the energy of motion

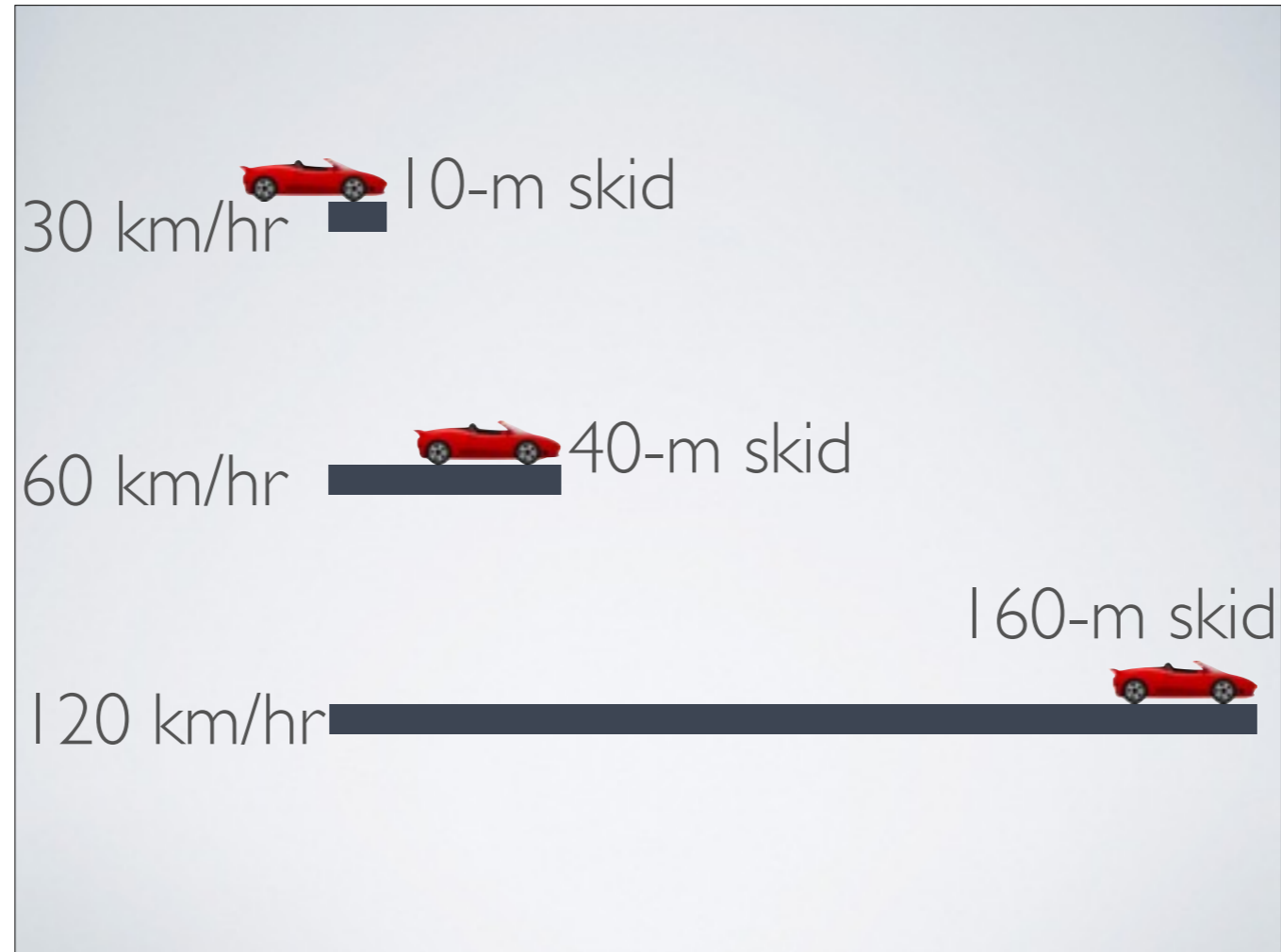
- The kinetic energy of an object depends on the mass of the object as well as its speed



$$KE = \frac{1}{2}mv^2$$

the **kinetic energy** of an object equals half the object's **mass** multiplied by the square of its **speed**

- The kinetic energy of a moving object is equal to the work required to bring up to that speed from rest (or, equivalently, the work the object can do while being brought back to rest)
- net force  $\times$  distance = kinetic energy
- $Fd = \frac{1}{2}mv^2$



- Notice that speed is squared, so doubling the speed *quadruples* the kinetic energy!
- It takes four times the work to double the speed and takes four times the stopping distance to bring it to a halt

$$W_{net} = \Delta KE$$

the **net work** done on an object is equal to the **change** in its **kinetic energy**

- Net work tells you how much energy is being put into or taken out of a system
- Put energy into a system, and it speeds up. Take energy out, and it slows down



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An object initially has kinetic energy KE. If its mass is halved, what happens to its kinetic energy? Kinetic energy is

- A. halved
- B. quartered
- C. stays the same
- D. doubled
- E. quadrupled

An object initially has kinetic energy KE. If its mass is halved, what happens to its kinetic energy? Kinetic energy is

**A. halved**

B. quartered

C. stays the same

D. doubled

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An object initially has kinetic energy KE. If its velocity is doubled, what happens to its kinetic energy? Kinetic energy is

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An object initially has kinetic energy KE. If its velocity is doubled, what happens to its kinetic energy? Kinetic energy is

- A. halved
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- E. quadrupled**

## PRACTICE I: GOTTA CATCH 'EM ALL!

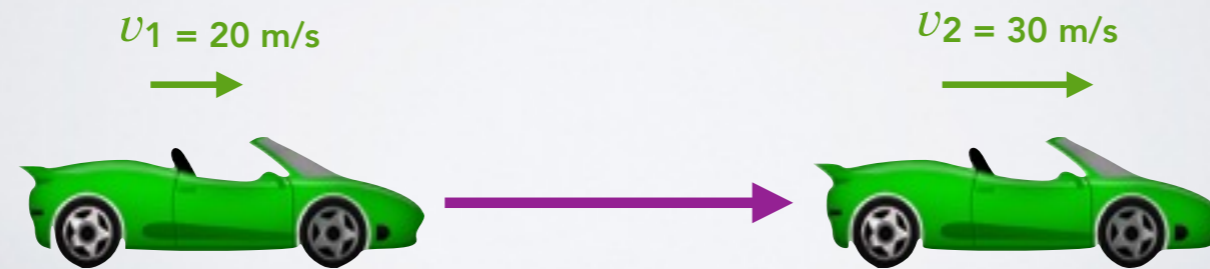
- Ash Ketchum, objectively the world's worst Pokémon trainer, throws a 145 g pokéball with a speed of 25 m/s.
  - a. What is the pokéball's kinetic energy?
  - b. How much work was done on the ball to make it reach this speed if it started from rest?



- Ans.  $KE = 45 \text{ J}$
- $W_{net} = 45 \text{ J}$

# PRACTICE II: THE COST OF SPEED

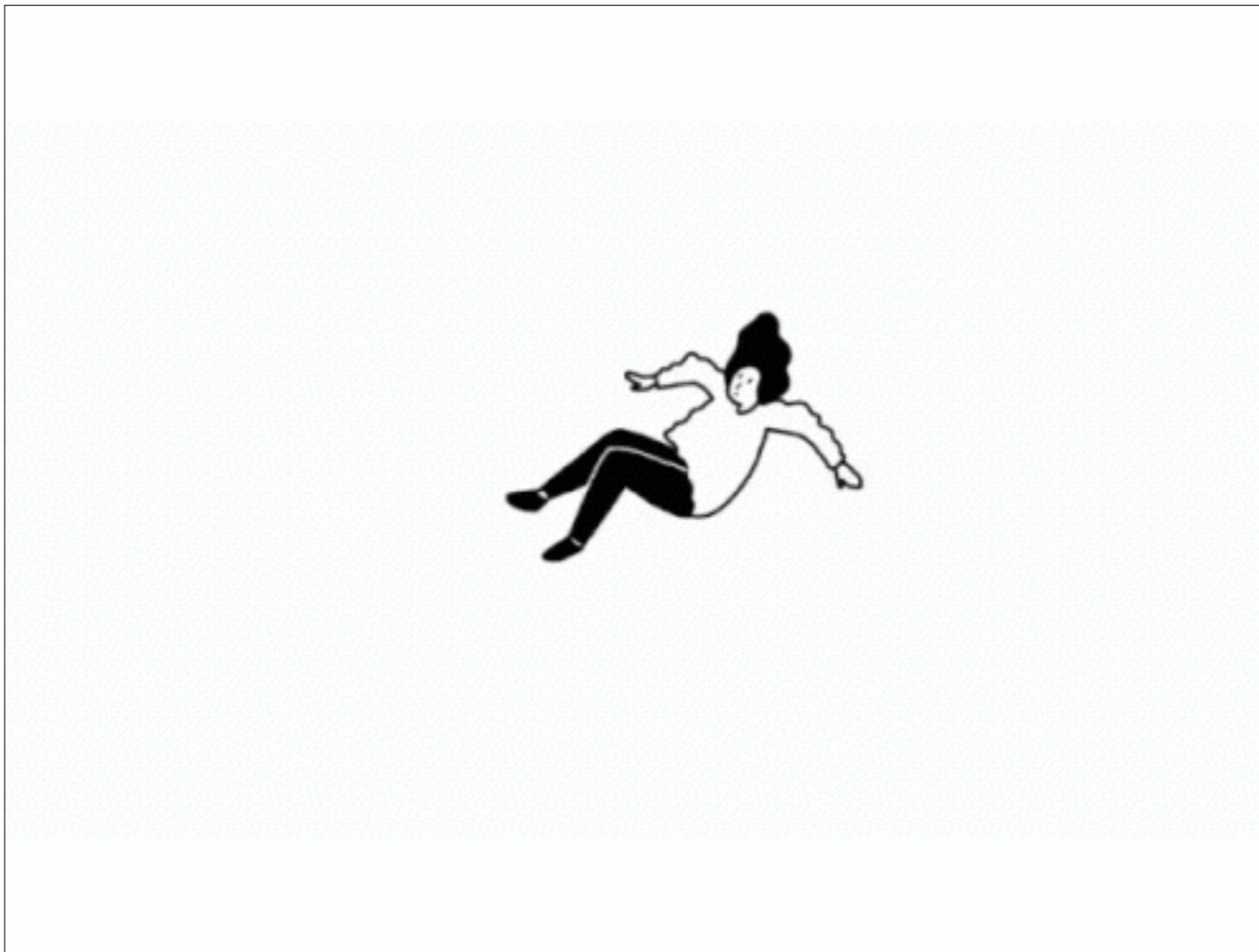
How much work is required to accelerate a 1000 kg car from 20 m/s to 30 m/s?



- Ans.  $W = 2.5 \times 10^5 \text{ J}$

Potential Energy is the energy of position or configuration

- E.g. When you wind a clock, you do work on the clock and thus put energy into the system, which it then releases over time
- You can think of potential as stored energy — it is energy the object has the *potential* to use



- When you put yourself in the position of some height, you have the potential to fall and gain kinetic energy
- How much kinetic energy you gain depends how high up you are and how strong the gravity is

## PRACTICE III: DOGGO

- You lift a puppy with mass  $m$  from the ground to a height  $h$ .
- If you lift the pup at a constant velocity, how much work did you do picking it up?



- Ans.  $W_A = mgh$

$$PE_g = mgh$$

the **gravitational potential energy** of an object is equal to the product on the object's **weight** and its **height**

- It's worth asking, "Height above (or below) what, exactly?"



- The two vases are the same height above the floor, but that fact isn't equally relevant to both of them
- When we talk about the object's "height," it can be the height above or below any reference point you want
- It's the *change* in potential energy that has physical meaning since that's what's related to the work done





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You and your friend (both mass  $m$ ) need to get to the third floor of a the high school. You run up the stairwell while your friend takes the elevator. Who has the greater gravitational potential energy when you both reach the top?

- A. You
- B. Your friend
- C. Both will be the same
- D. Need more information

You and your friend (both mass  $m$ ) need to get to the third floor of a the high school. You run up the stairwell while your friend takes the elevator. Who has the greater gravitational potential energy when you both reach the top?

A. You

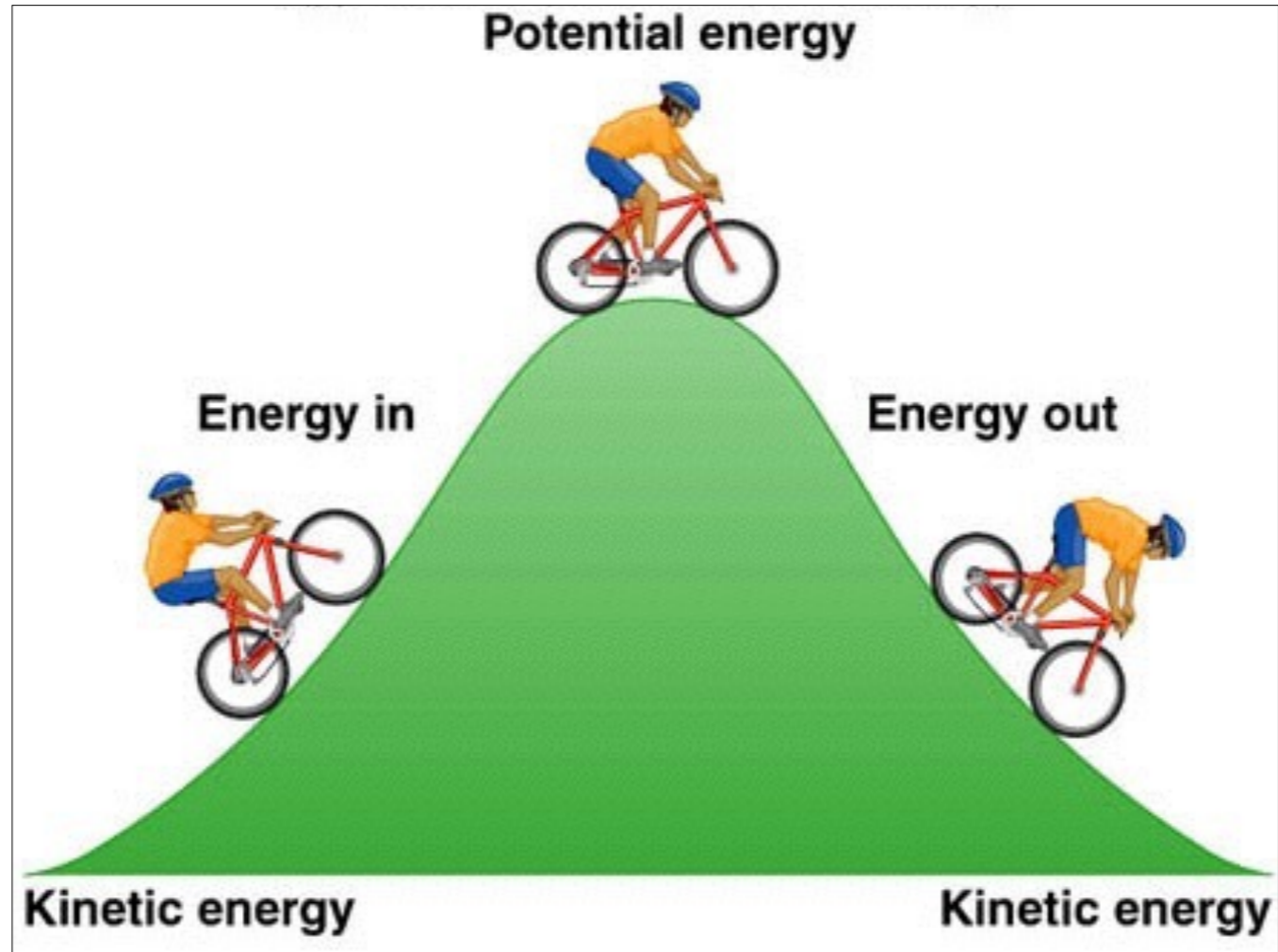
B. Your friend

**C. Both will be the same**

D. Need more information

POTENTIAL ENERGY IS  
INDEPENDENT OF THE PATH  
TAKEN

- Potential energy may be the energy of position, but it doesn't matter how you got to that position



- When an object falls, it will never hit the ground with more energy than it started with

# ENERGY TRANSFORMATION

- Stone in free fall:

→ begins at rest

→ picks up speed/  
loses height

→ hits the ground  
(nearly)

$PE_g$



$PE_g + KE$

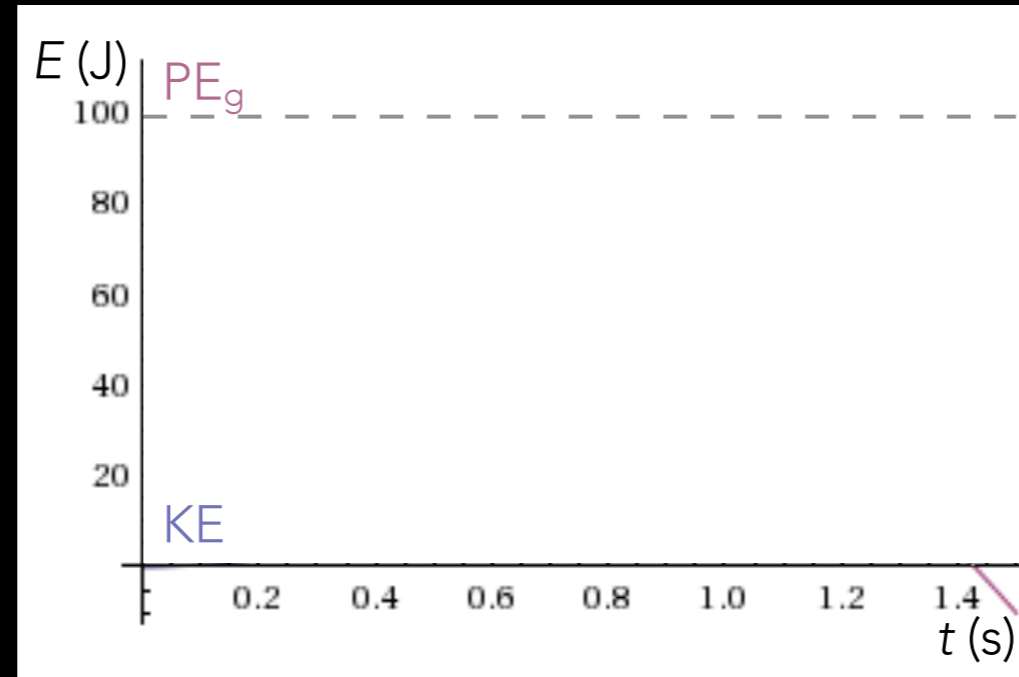


KE



# ENERGY TRANSFORMATION: FREE FALL

$m = 1 \text{ kg}, h = 10 \text{ m}$



# ENERGY TRANSFORMATION

- Pole vaulter:

- running

- flex the pole

- lift off ground

- projectile through air

- land

- Pole vaulter (energy):

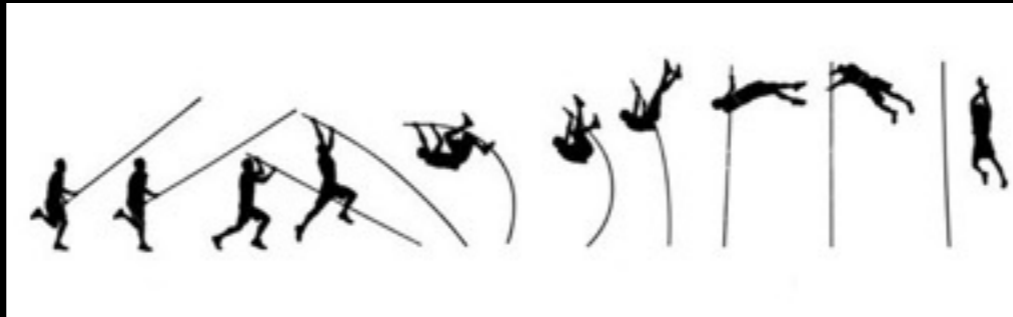
- KE

- $PE_E$  (+ KE)

- $PE_E$  + KE (+  $PE_g$ )

- KE +  $PE_g$

- Sound & heat

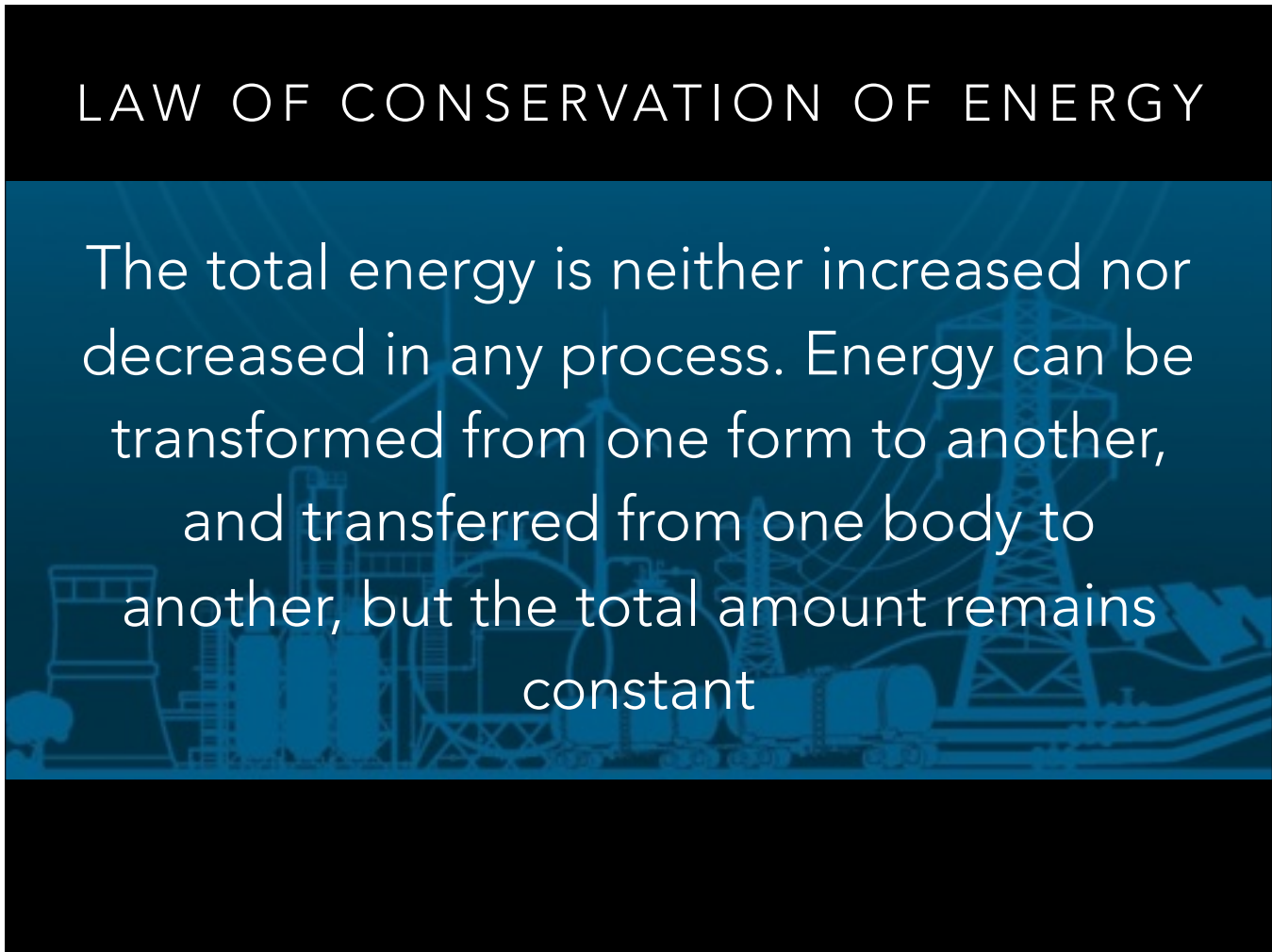


- Work is done by the person on the pole and later by the pole on the person
- Work is done by water on a turbine
- Work is done by a bow on an arrow
- *Work is done when energy is transferred from one object to another*
  - *(or, if the objects are at different temperatures, heat can flow between them instead/in addition)*



## LAW OF CONSERVATION OF ENERGY

The total energy is neither increased nor decreased in any process. Energy can be transformed from one form to another, and transferred from one body to another, but the total amount remains constant



## PRACTICE IV: SKYDIVE

- A 65 kg skydiver drops out of an airplane from an altitude of 4.0 km and opens her parachute after she's fallen 3.0 km
- Using conservation of energy, calculate her speed the moment before she launches the parachute (neglect air resistance)



- Ans.  $v_f = 240$  m/s

## POWER

- Average **power** is the *rate at which work is done*
- or the *rate at which energy is transformed*



$$P = \frac{dW}{dt}$$

**power** = the rate at which **work** is done over **time**

# POWER IS...

- measured in **watts** (W)
- 1 watt = 1 joule/sec

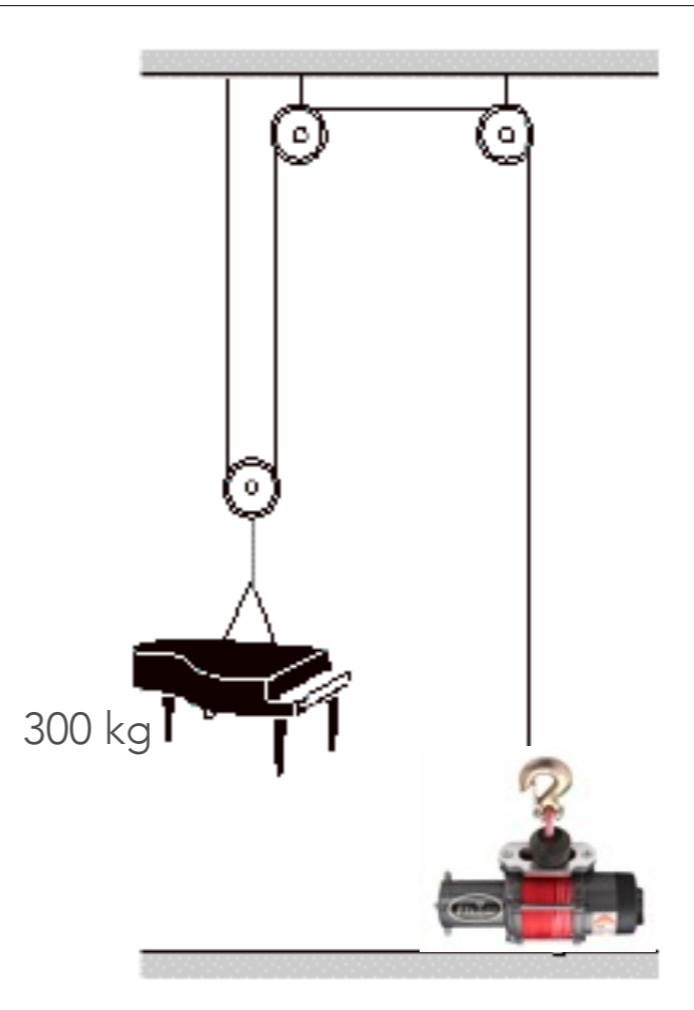
## POWER

A 40 W  
lightbulb  
transforms 40 J  
of electrical  
energy into light  
and heat energy  
every second



PRACTICE V: WHICH  
WINCH IS WHICH?

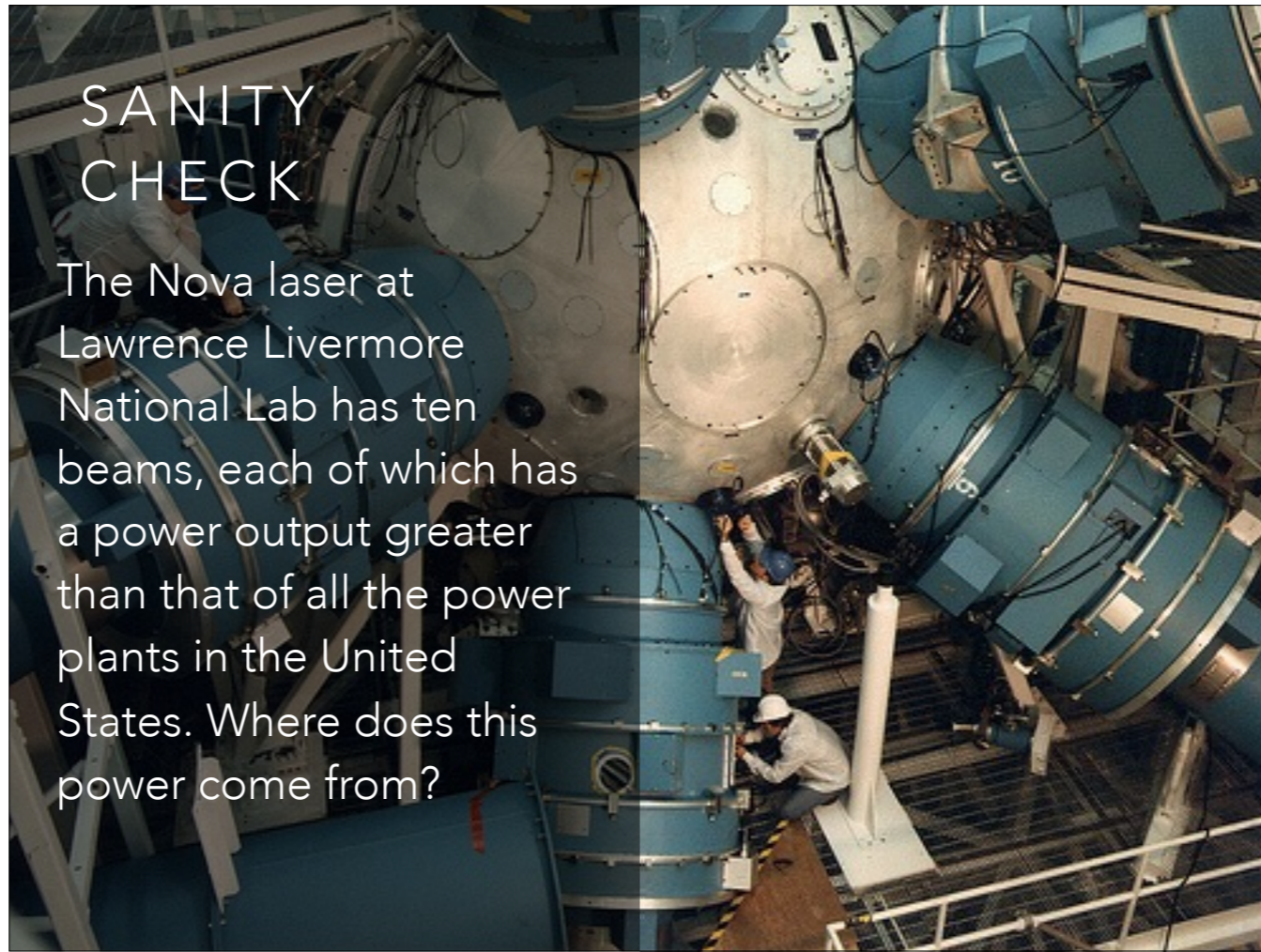
How long will it  
take a 2000-W  
motor to lift a  
300-kg piano to a  
sixth-story  
window 20 m  
above?



- Ans.  $t = 30$  s


# SANITY CHECK

The Nova laser at Lawrence Livermore National Lab has ten beams, each of which has a power output greater than that of all the power plants in the United States. Where does this power come from?



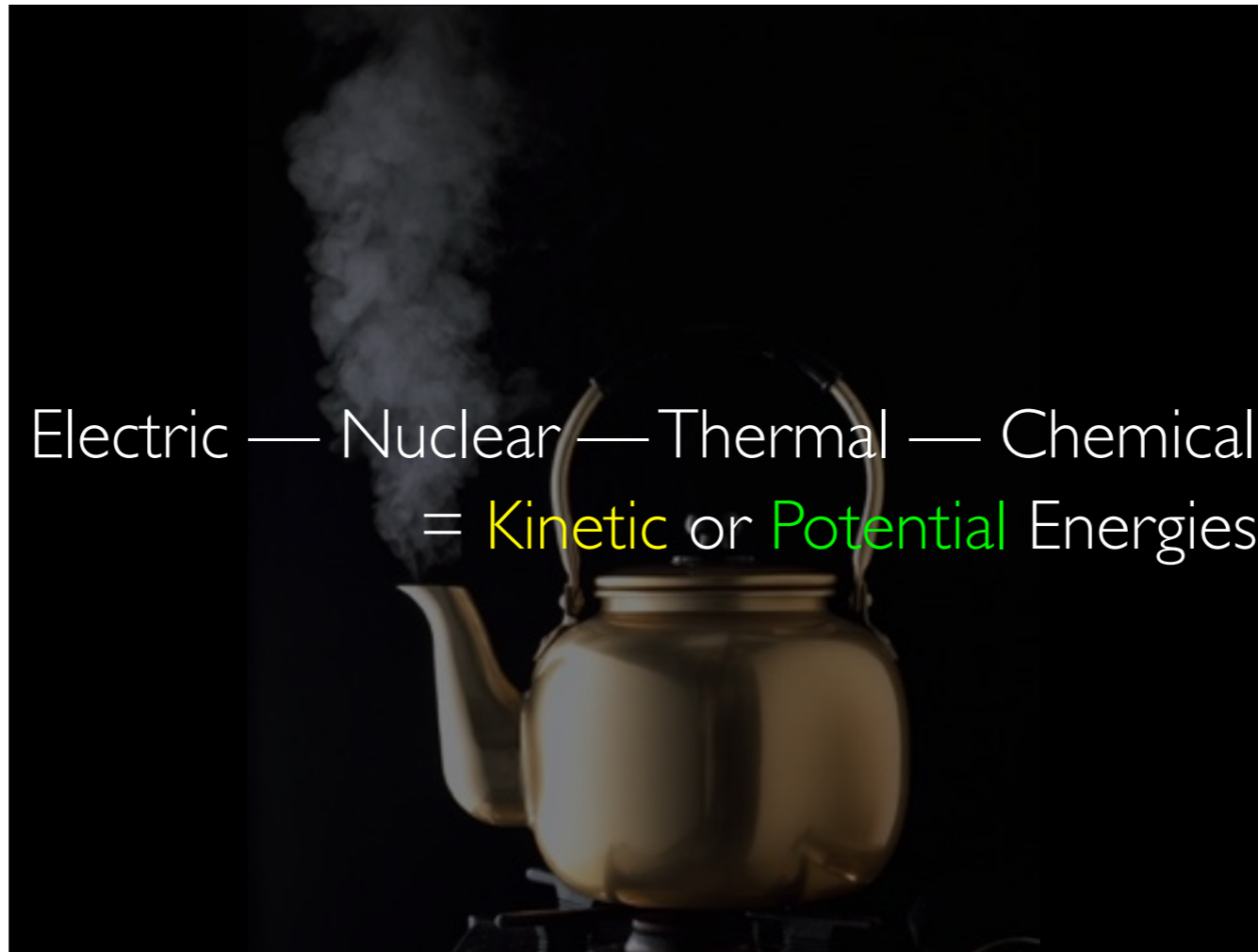
No violation of conservation of energy here. The *energy* the laser uses is much less than the power plants can output, but the laser releases that energy extremely quickly, hence the high power



A hand is shown holding a glowing atomic model. The model consists of a bright yellow nucleus and several blue and white electron orbits. The background is dark, and the lighting is dramatic, highlighting the hand and the atomic structure. The text is overlaid on the left side of the image.

SCENE II:  
MICRO-SCALE  
ENERGY

Energy of the Very  
Small

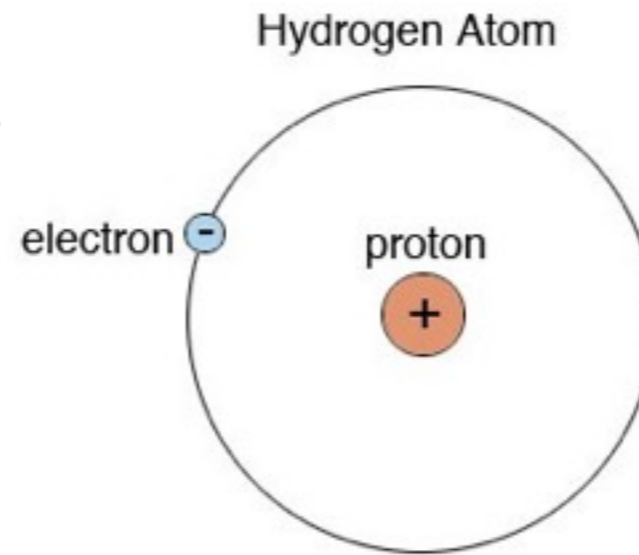


Electric — Nuclear — Thermal — Chemical  
= Kinetic or Potential Energies

- E.g. thermal energy is KE of rapidly moving atoms or molecules. When heating an object, the molecules that make it up move around faster
- Energy stored in food or fuel is PE stored by virtue of relative position of atoms within molecule due to electric forces between atoms, i.e. chemical bonds. That potential energy is released through chemical reactions

# MASS ENERGY

Fact: A *hydrogen atom* has less mass than the combined masses of the *proton and electron* that make it up



$$E = mc^2$$

**energy** equals **mass** times **the speed of light** squared

- Understanding what this equation means will help us understand how something can weight less than the sum of its parts

$$E = mc^2$$

**energy** equals **mass** times **the speed of light** squared

- Originally, Einstein wrote his famous equation as  $m = E/c^2$  , because at its heart, this equation is really a lesson in how to think about what mass is

# MASS ENERGY

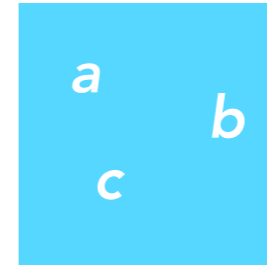
- “Mass is form of energy”
- “Mass is stored energy”
- “Mass can be converted into energy”



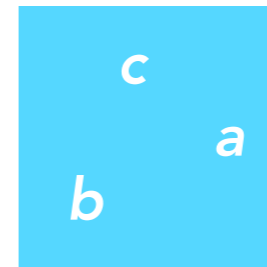
# MASS ENERGY

- Two objects made of the same parts will not, in general, have the same mass
- Instead the mass depends on
  1. How those parts are arranged
  2. How those parts move within the bigger object

$$m_1 \neq m_a + m_b + m_c$$



$$m_2 \neq m_a + m_b + m_c$$



Fully Wound Up & Running



*m*

Stopped



*m*

>



# MASS ENERGY

- $m_{\text{watch}} = m_{\text{parts}} + m_{\text{extra}}$   
KE → PE →  $m_{\text{extra}}$  ←  $E_{\text{thermal}}$

- $m_{\text{extra}} = \frac{KE + PE + E_{\text{thermal}}}{c^2}$

- $m_{\text{extra}} \approx 0.00000000000000000001\% m_{\text{watch}}$

- $m \neq$  amount of matter





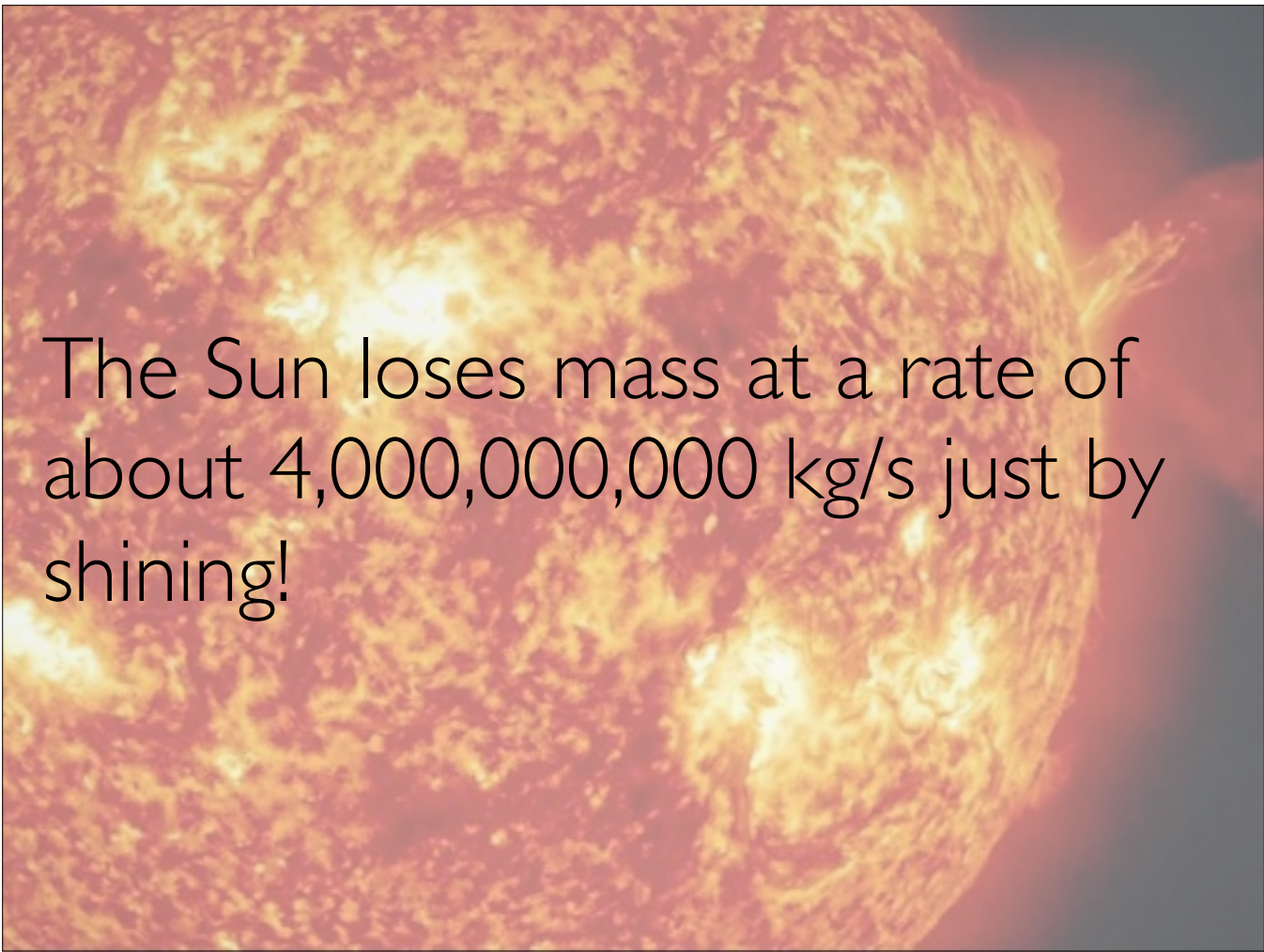
You can think of mass as

- Indicator of how hard an object is to accelerate
- or how much gravitational force that object will feel

- Either way, a ticking watch has more of it than an otherwise identical stopped watch

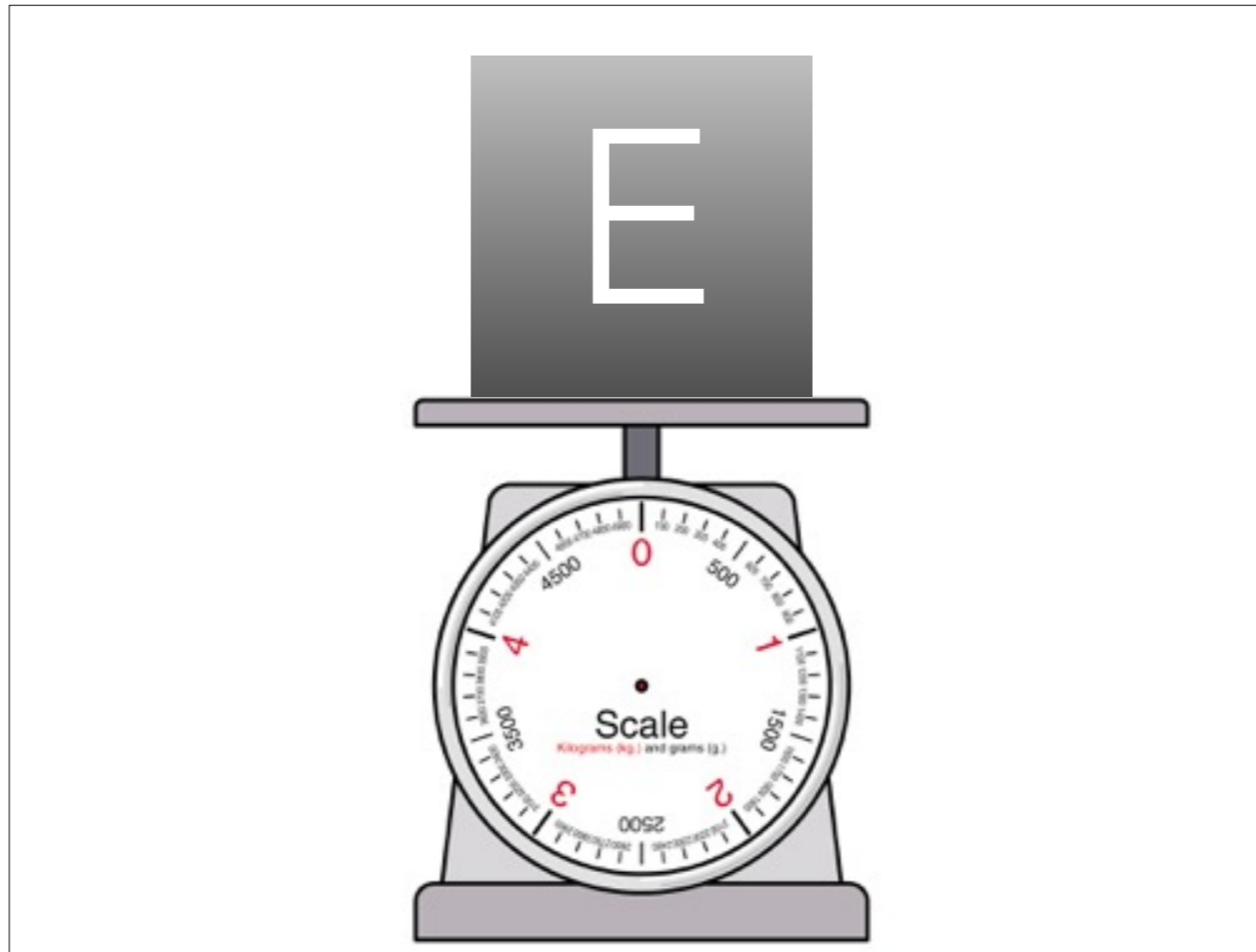
Fact: As soon as you turn on a flashlight, its mass begins to drop





The Sun loses mass at a rate of about 4,000,000,000 kg/s just by shining!

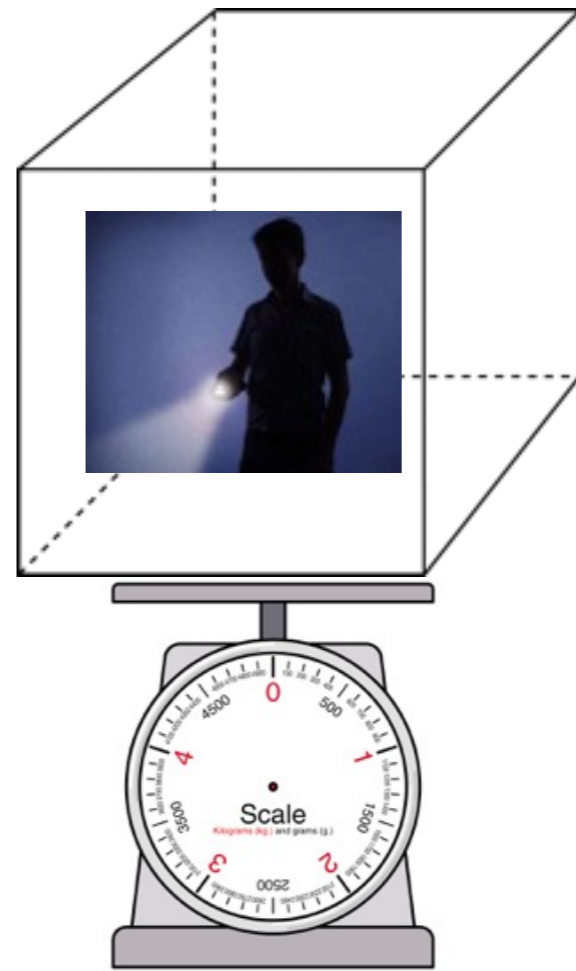
- Does this mean the Sun is converting mass to energy? No!
- $KE + PE \rightarrow E_{light}$



- Any time you weight something on a scale, you're actually measuring the total energy of that object!

# SANITY CHECK

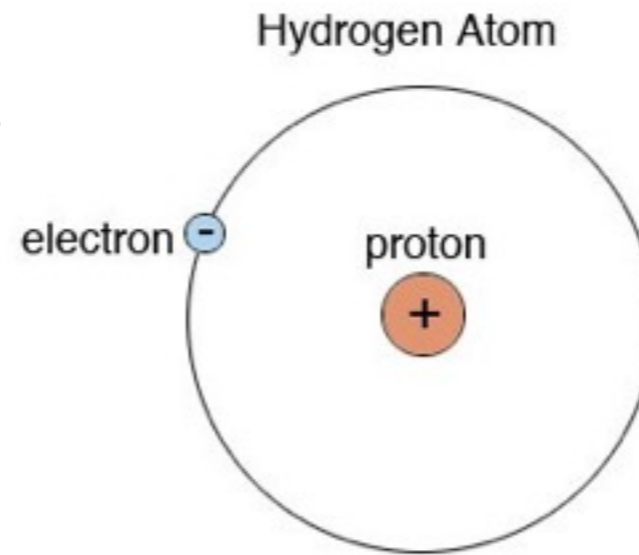
- Suppose that I stand with a flashlight in a closed box that has mirrored walls and is resting on a scale
- Will the reading on the scale change if I turn on the flashlight?



- Answer: Nope! The energy can change forms or move around, but as long as the energy never leaves the box, the mass of the system will remain the same

# MASS ENERGY

Fact: A *hydrogen atom* has less mass than the combined masses of the *proton and electron* that make it up



Potential Energy can be *negative*



If left to their own devices, all objects move from **high** potential energy **to** **low** potential energy

# High Potential Energy

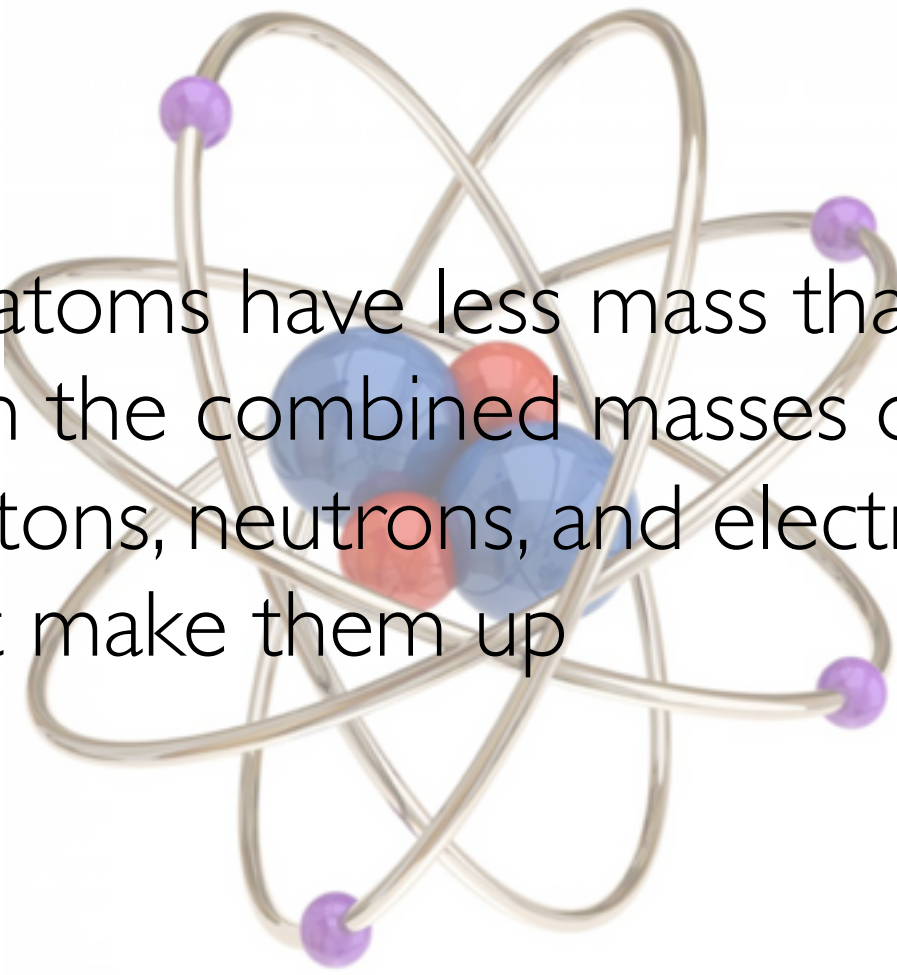


# Low Potential Energy

- When infinitely far away, the electric potential energy between a proton and electron is zero since they can't have any influence on each other
- Bring them just a little closer and they attract each other. As they get closer together their potential energy will drop, going from zero to more and more negative

The electron also has kinetic energy (always positive) as it orbits the proton

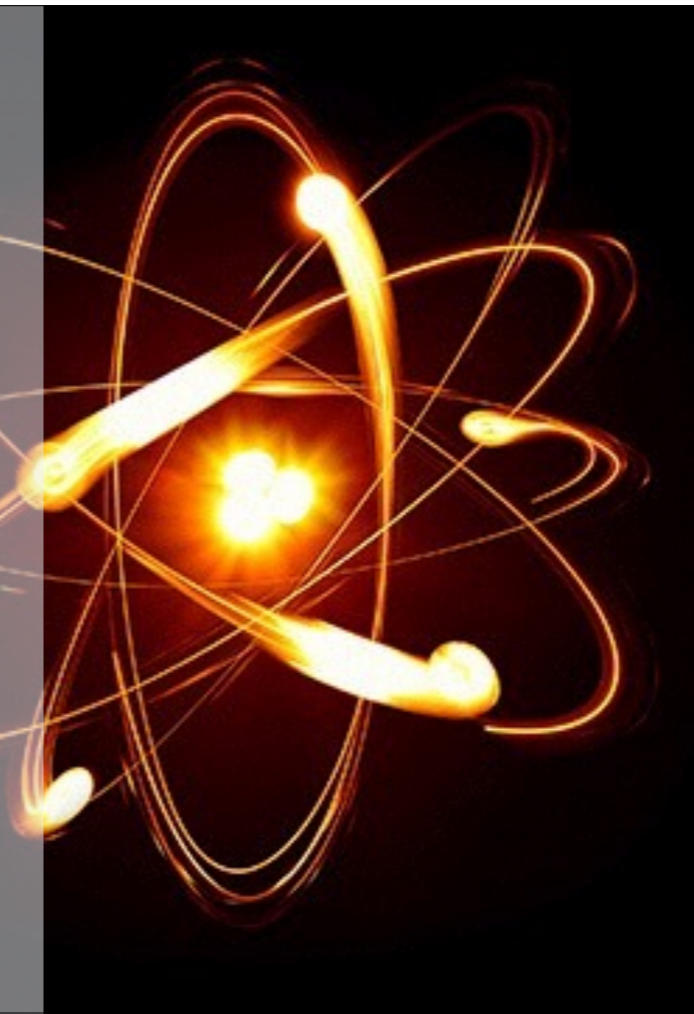
- Since the electron's potential energy is greater than its kinetic energy:
  - $KE + PE < 0$
- Because the total energy is negative, it actually takes away from the total mass of the atom
  - $m_{extra} = (KE + PE)/c^2 < 0$



All atoms have less mass than than the combined masses of the protons, neutrons, and electrons that make them up

- Same is true for molecules
  - An  $O_2$  oxygen molecule weighs less than two oxygen atoms

- What about the masses of protons and neutrons?
  - They're made of quarks
  - Mass from quark potential energy
- Electrons and quarks aren't made of smaller things
  - Even this mass is a reflection of various kinds of potential energies!
- <https://www.youtube.com/watch?v=Ztc6QPNUqls>



## Moral of the story:

*Mass is a **property** — a property that all energy exhibits*

$m \neq$  amount of stuff  
 $m =$  amount of energy



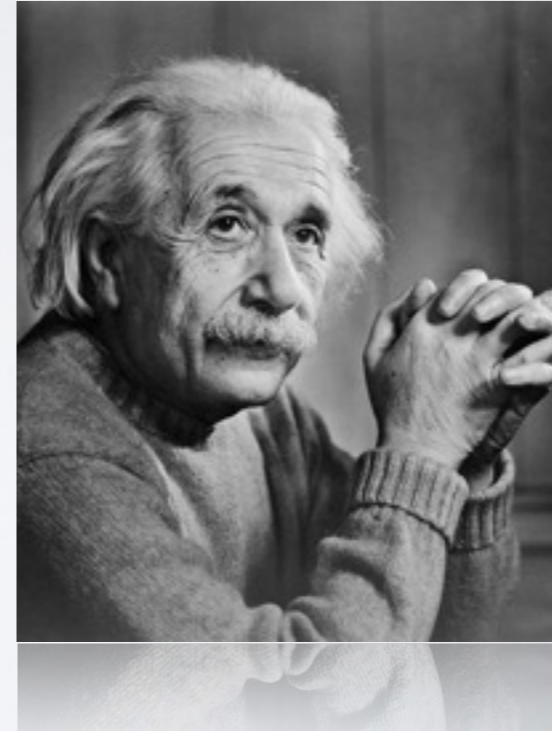
# FURTHER READINGS

## **Einstein's original 1905**

**paper:** [http://  
einsteinpapers.press.princeton.  
edu/vol2-trans/186?ajax](http://einsteinpapers.press.princeton.edu/vol2-trans/186?ajax)

## **Lorentz**

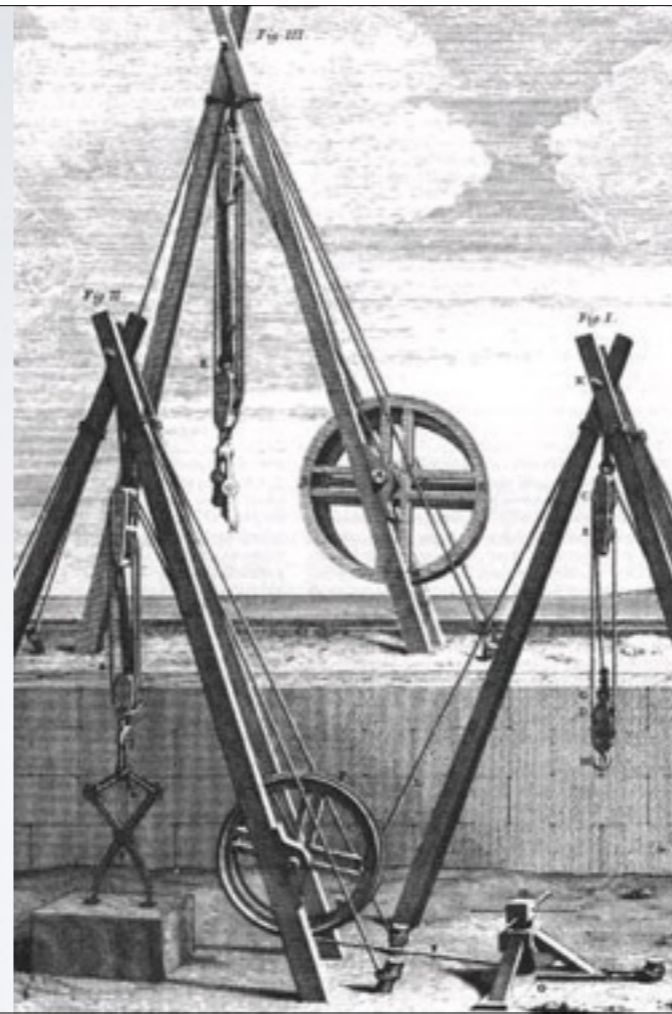
**Transformation:** [https://  
www.youtube.com/watch?  
v=sbNEtMUjiMU](https://www.youtube.com/watch?v=sbNEtMUjiMU)



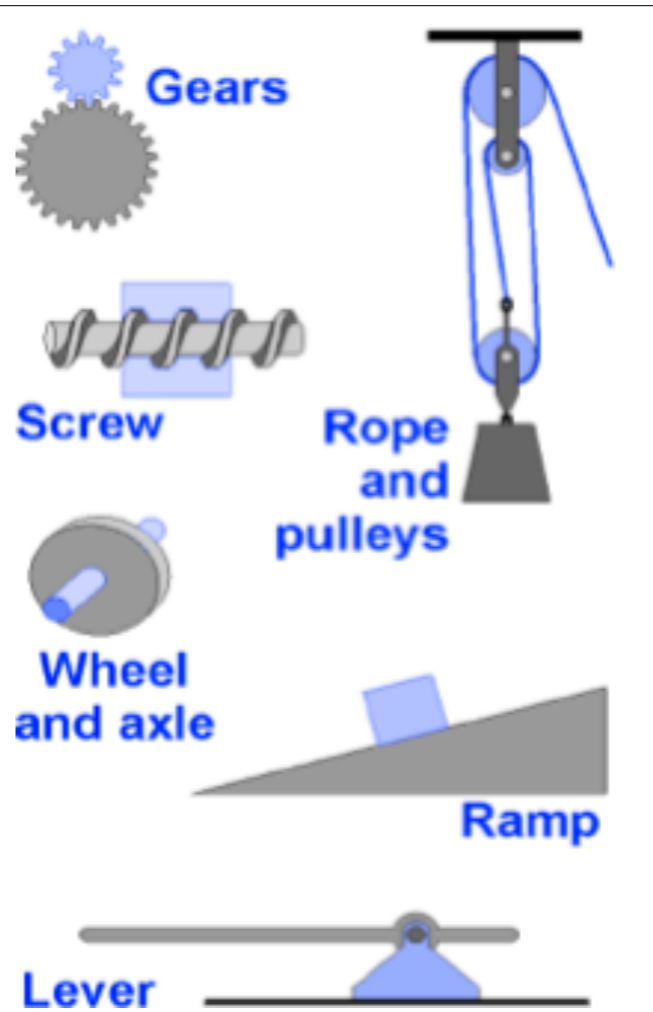


# SCENE III: MACHINES

Doing the work you didn't to  
do since 2.3 million B.C.



Simple machines are devices that use only the forces directly applied and accomplish their task with a single motion



- Machines are designed to take advantage of the relationship between work, force, and distance



- The best way to analyze what a machine does is to think about the machine in terms of input and output
- Still constrained by conservation of energy

INPUT

OUTPUT

$$Work_{in} = Work_{out}$$

$$(F d)_{in} = (F d)_{out}$$

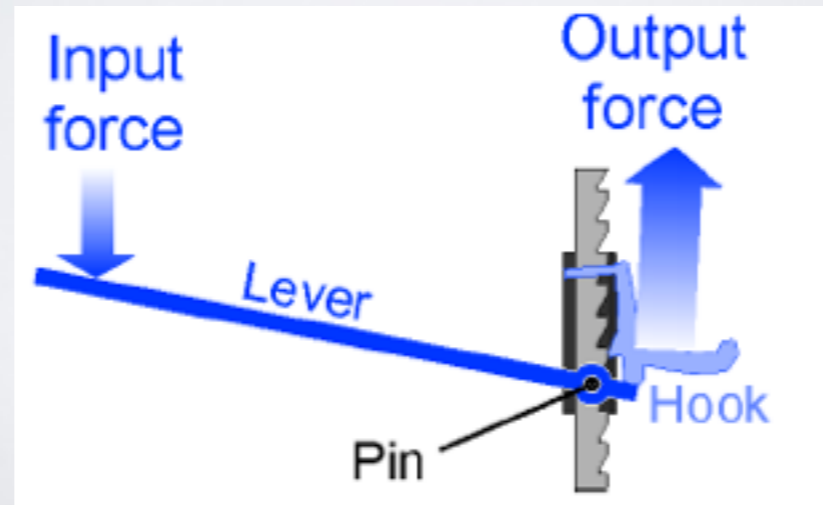
- At the *absolute best*, you get out just as much energy as you put in
- The point of a machine is to take a small force applied over a large distance on the input side and get a large force applied over a small distance on the output side

$$MA = \frac{F_{out}}{F_{in}}$$

**mechanical advantage** = the ratio of **output force** to **input force**

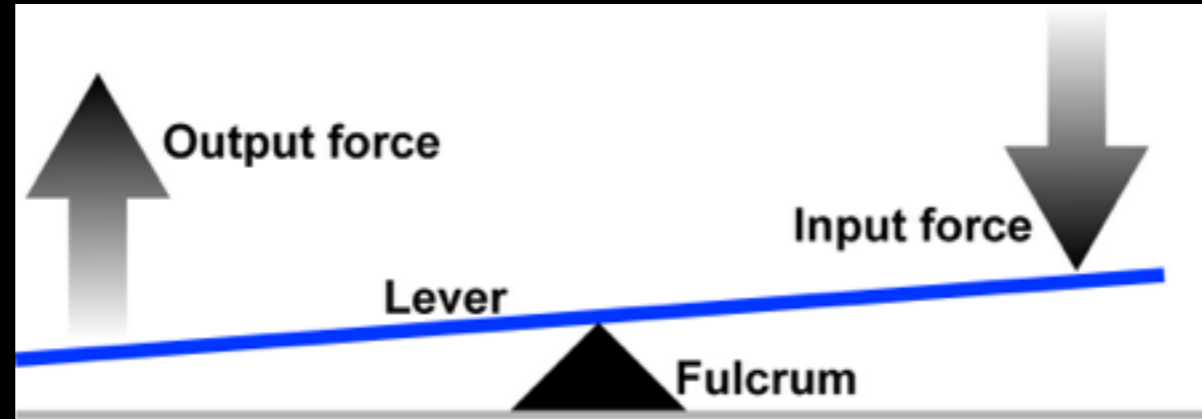
A typical automotive jack has a mechanical advantage of 30 or more

i.e. a force of 100 N (22.5 lbs) applied to the input arm of the jack produces an output force of 3,000 N (675 lbs)— enough to lift one corner of an automobile.



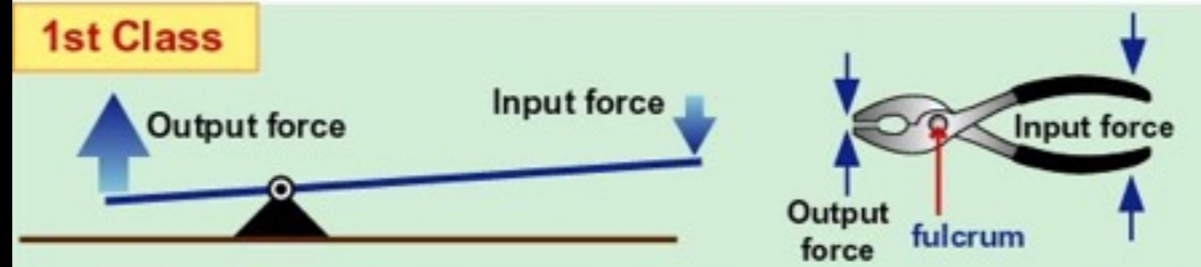
# LEVER

A **lever** includes a stiff structure (the lever) that rotates around a fixed point called the **fulcrum**

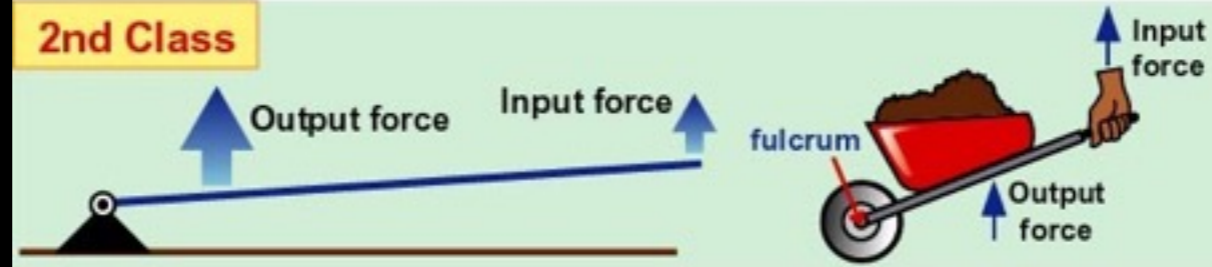


# The 3 Classes of Levers

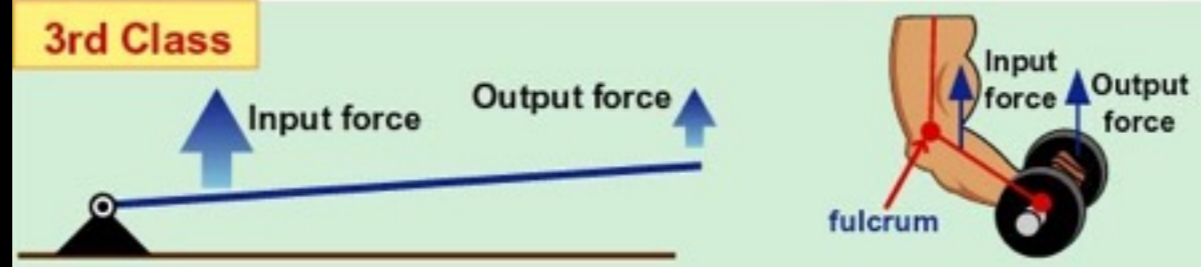
## 1st Class



## 2nd Class



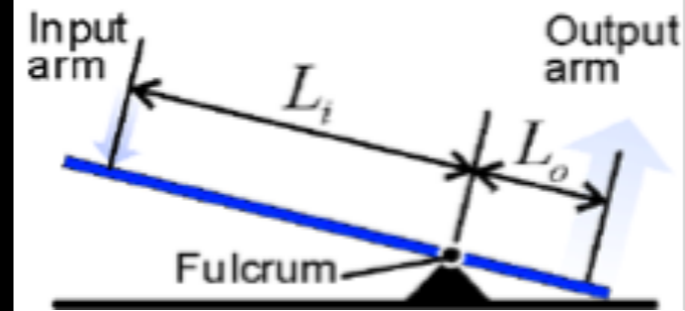
## 3rd Class





MECHANICAL  
ADVANTAGE:  
LEVER

- $MA_{\text{lever}} = L_{\text{in}} / L_{\text{out}}$
- What force must be applied to the end of a 2.0 m long crowbar in order to lift a 500 N rock if the fulcrum of the bar is 0.5 m from the rock?

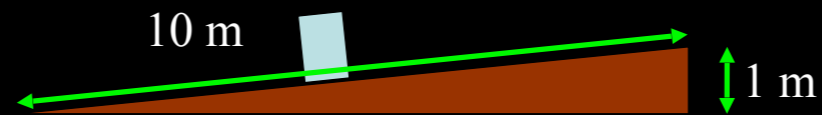


- Ans.  $F_{in} = 167 \text{ N}$

# RAMP

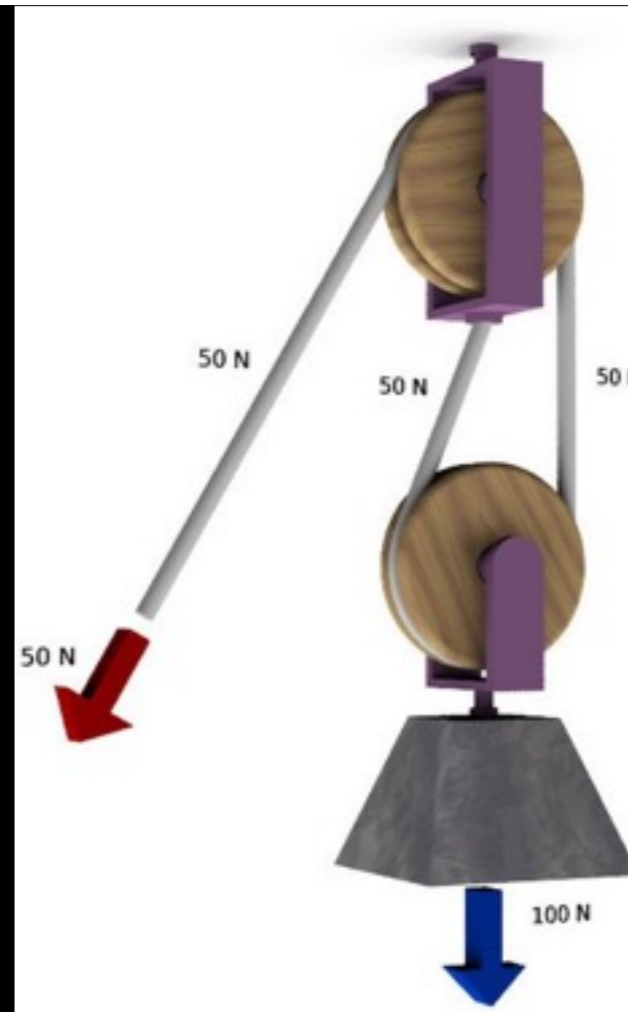
- You need to get a 100 kg couch into a moving van 1.0 m above the ground
- How much work would you need to do to lift it in? How much force would you need to apply?
  - Ans.  $W = 981 \text{ J}$ ;  $F_A = 981 \text{ N}$
- Instead you use a ramp 10 m long and 1 m high
- How much work would you need to do to lift it in? How much force would you need to apply?
  - Ans.  $W = 981 \text{ J}$ ;  $F_A = 98.1 \text{ N}$

(excludes frictional losses)

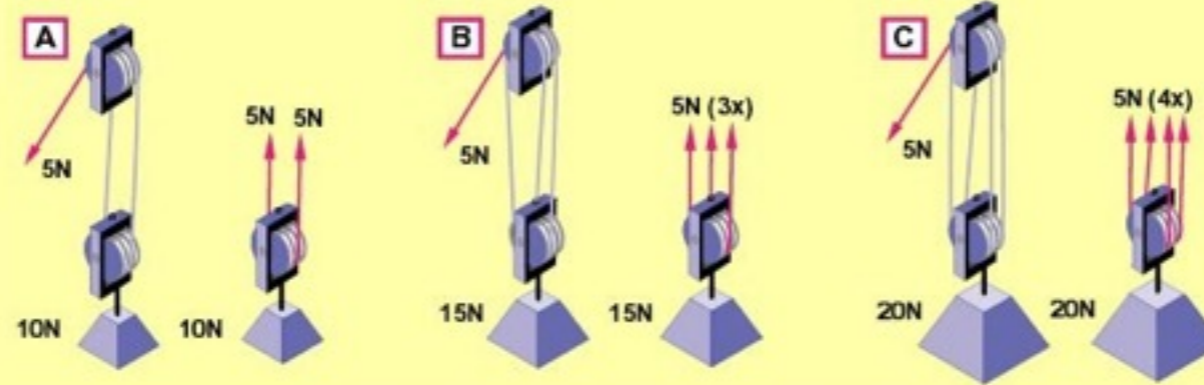


## PULLEYS

- Like levers and ramps, pulleys sacrifice displacement to achieve greater force
- MA is shown by how many ropes are supporting the load in this case there are two



# Mechanical Advantage

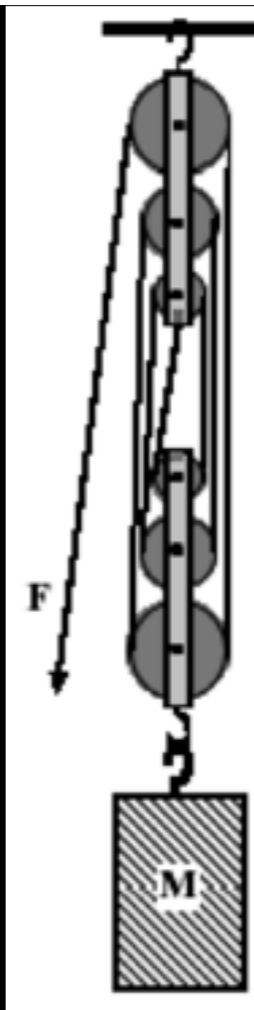


$$\text{Mechanical advantage} = \frac{\text{Output force}}{\text{Input force}}$$

	A	B	C
Input force	5N	5N	5N
Output force	10N	15N	20N
Mechanical advantage	2	3	4

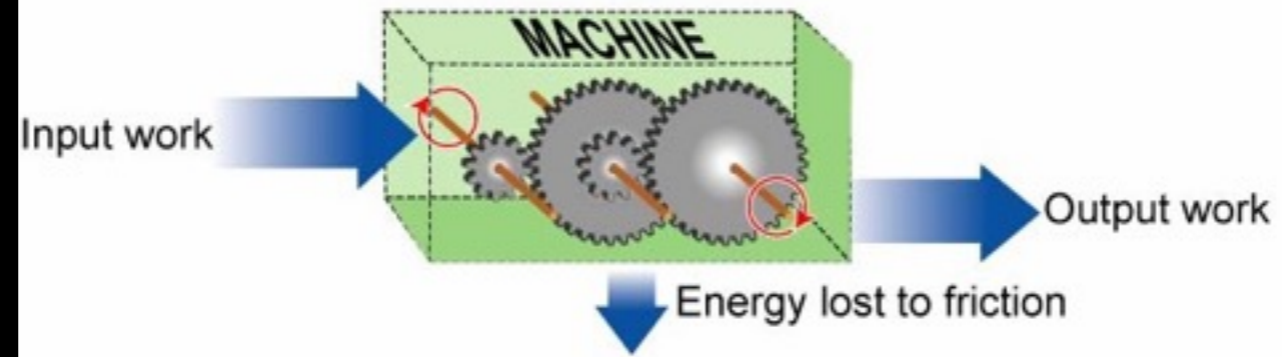
## PRACTICE VI: PULLEY PROBLEMS

- A pulley system consisting of six pulleys as shown to the right has an input force of 220 N applied to it. As a result of this input force the mass  $M$  is lifted a distance of 25.0 cm.
- What is the force on the output end (what is the weight of the block)?
  - Through what distance was the input force applied (how much rope is pulled out)?
  - How much work was done on the mass  $M$ ?



- $F_{out} = 1320 \text{ N}$
- $d_{in} = 1.5 \text{ m}$
- $W = 330 \text{ J}$

## Efficiency



$$\text{Efficiency} = \frac{\text{Output work}}{\text{Input work}}$$

## PRACTICE VII: POWER PLANT

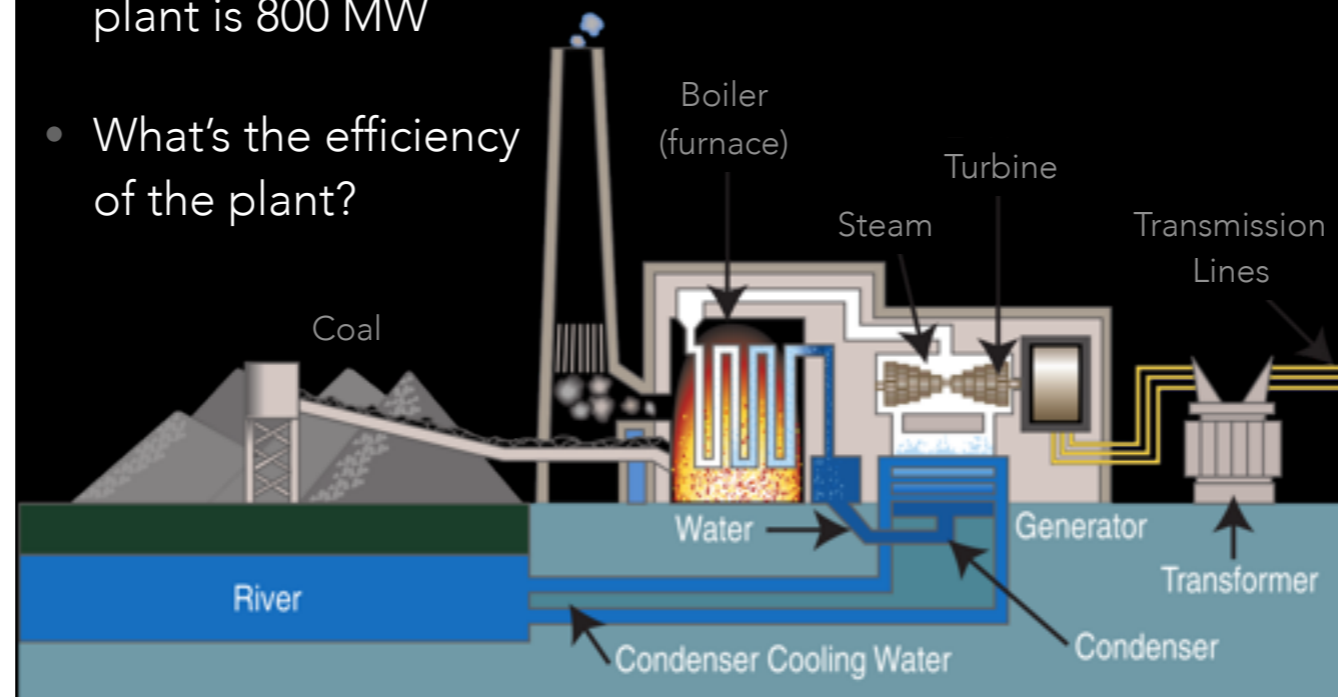
- A power plant burns 75 kg of coal every second. Each kg of coal contains 27 MJ of chemical energy.
- What is the power of the power station, in watts?



- Ans.  $P = 2.03 \text{ GW}$

## PRACTICE VII B: POWER PLANT

- The electrical power output of the power plant is 800 MW
- What's the efficiency of the plant?

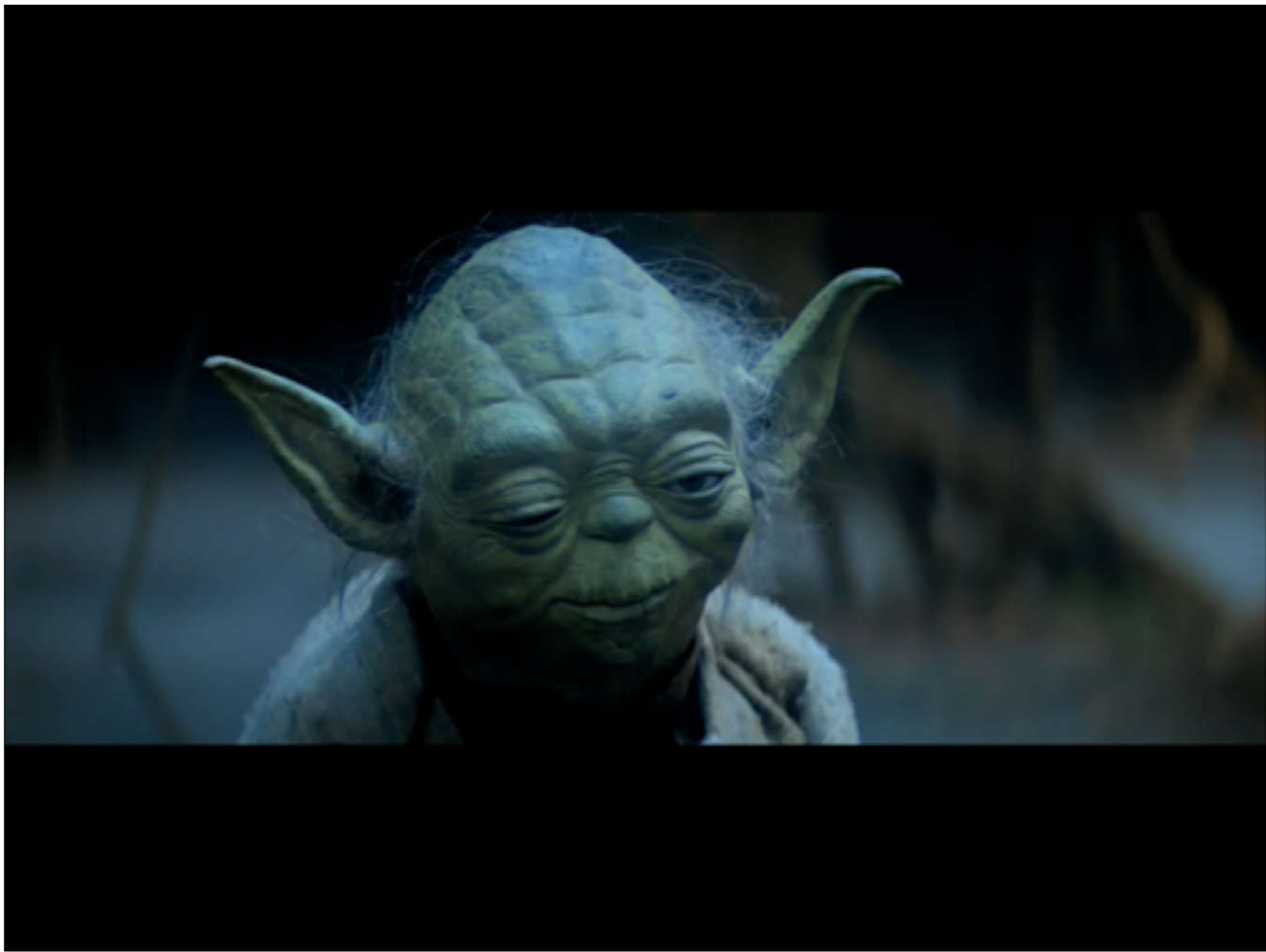


- Ans. *eff.* = 39%
- What happened to the rest of the energy?
  - Wasted as heat - up the chimney of the power station, in the cooling towers, and because of friction in the machinery



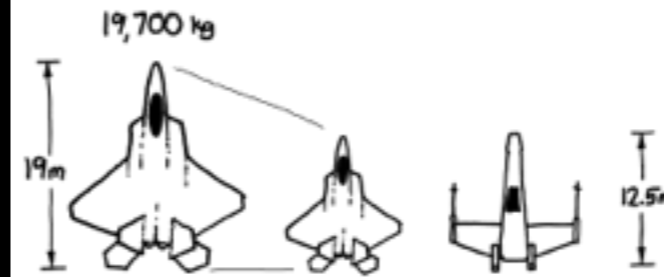
How much  
Force  
power can  
Yoda  
output?





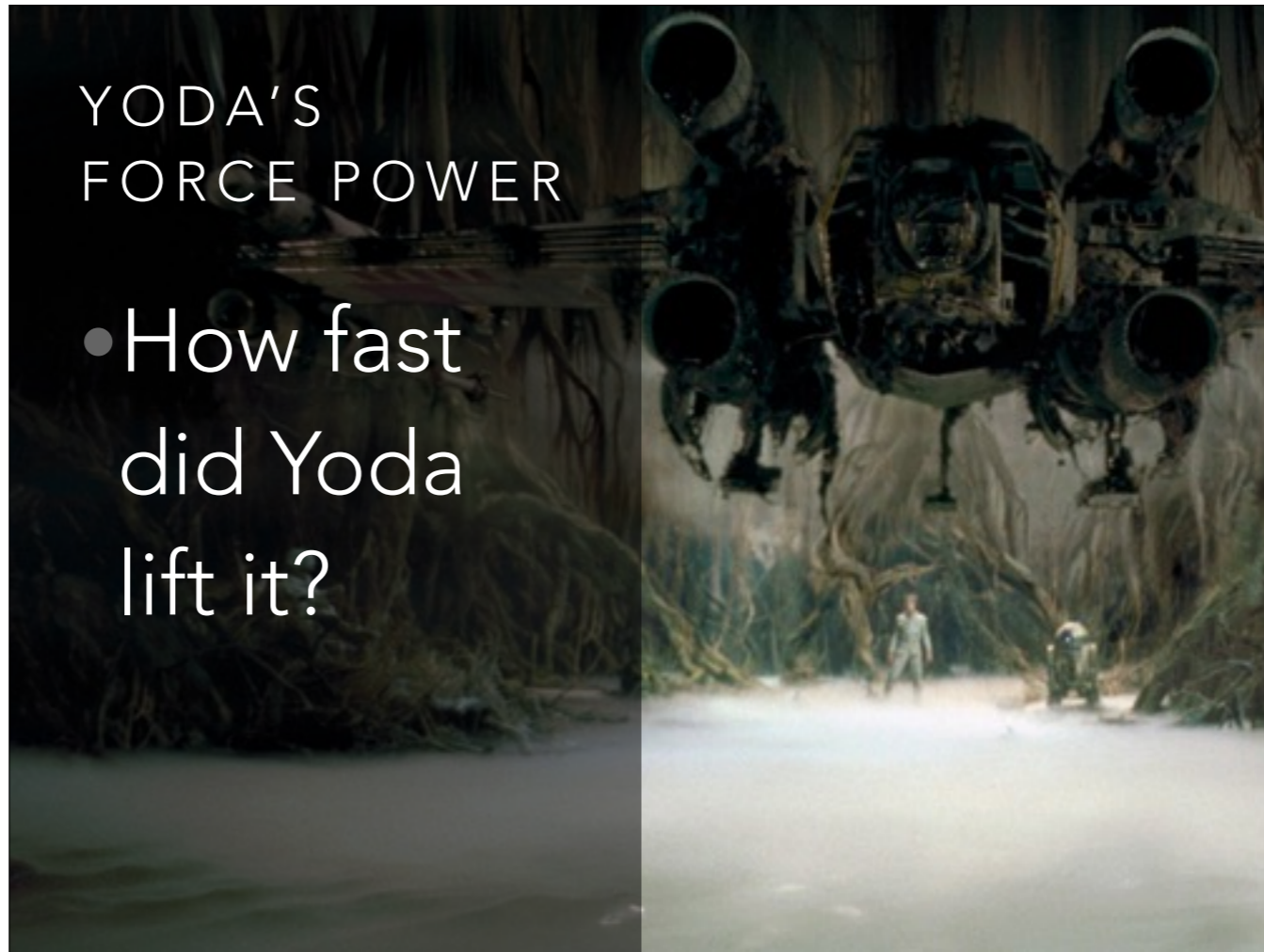
## YODA'S FORCE POWER

- Mass of an X-wing ?
  - $Length = 12.5\text{ m}$
  - An F-22 is 19 m long and has a mass of 19,700 kg
  - $m_x = m_{f22} \times (12.5\text{ m} / 19\text{ m}) \approx 5,600\text{ kg}$  (or ~12,000 lbs)



YODA'S  
FORCE POWER

- How fast did Yoda lift it?





## YODA'S FORCE POWER

- How fast did Yoda lift it?
  - Front strut rises out of the water in about  $3\frac{1}{2}$  secs.
  - Strut about 1.4 meters long
  - $v = 0.39$  m/s





YODA'S  
FORCE POWER

Strength of  
gravity on  
Degobah?



"Yup, that's it. Dagobah. [...] No, I'm not gonna change my mind about this. I'm not picking up any cities or technology. Massive life-form readings, though. There's something alive down there."  
 —Luke Skywalker<sup>[src]</sup>

**Dagobah** (ⓘ pronunciation (help·info)) was an Outer Rim planet in the Dagobah system. A remote world of swamps and forests, it served as a refuge for Jedi Grand Master Yoda during his exile after the events of Order 66 had taken place, but otherwise had no notable intelligent life.

Contents [show]

Geography ✎ Edit

"Yes, I'm sure it's perfectly safe for droids."  
 —Luke Skywalker to R2-D2<sup>[src]</sup>

Dagobah was located in the Sluis sector of the Outer Rim Territories. Despite the fact that it was located near the Rimma Trade Route, it was reachable only by obscure hyperlanes.<sup>[3]</sup>



The swamp-covered surface of Dagobah

Dagobah was a harsh, humid, swampy planet, mostly covered in shallow marshland, interspersed with stifling forests and at least one cave. There were very few truly open bodies of water on the planet: the water supply was thin.



Dagobah

Astrographical information

Region(s)	Outer Rim Territories <sup>[1]</sup>
Sector	Sluis sector <sup>[1]</sup>
System	Dagobah system <sup>[2]</sup>
Suns	1: Darfo <sup>[2]</sup>
Orbital position	2 <sup>[2]</sup>
Moons	1 <sup>[2]</sup>
Grid coordinates	M-19 <sup>[2]</sup>
Distance from Core	50,250 light years <sup>[4]</sup>
Rotation period	23 standard hours <sup>[2]</sup>
Orbital period	341 local days <sup>[2]</sup>

Physical information

Class	Terrestrial <sup>[2]</sup>
Diameter	8,900 km <sup>[2]</sup>



YODA'S  
FORCE POWER

- Strength of gravity on Degobah?
- $g_d = 0.9g$   
=  $8.83 \text{ m/s}^2$

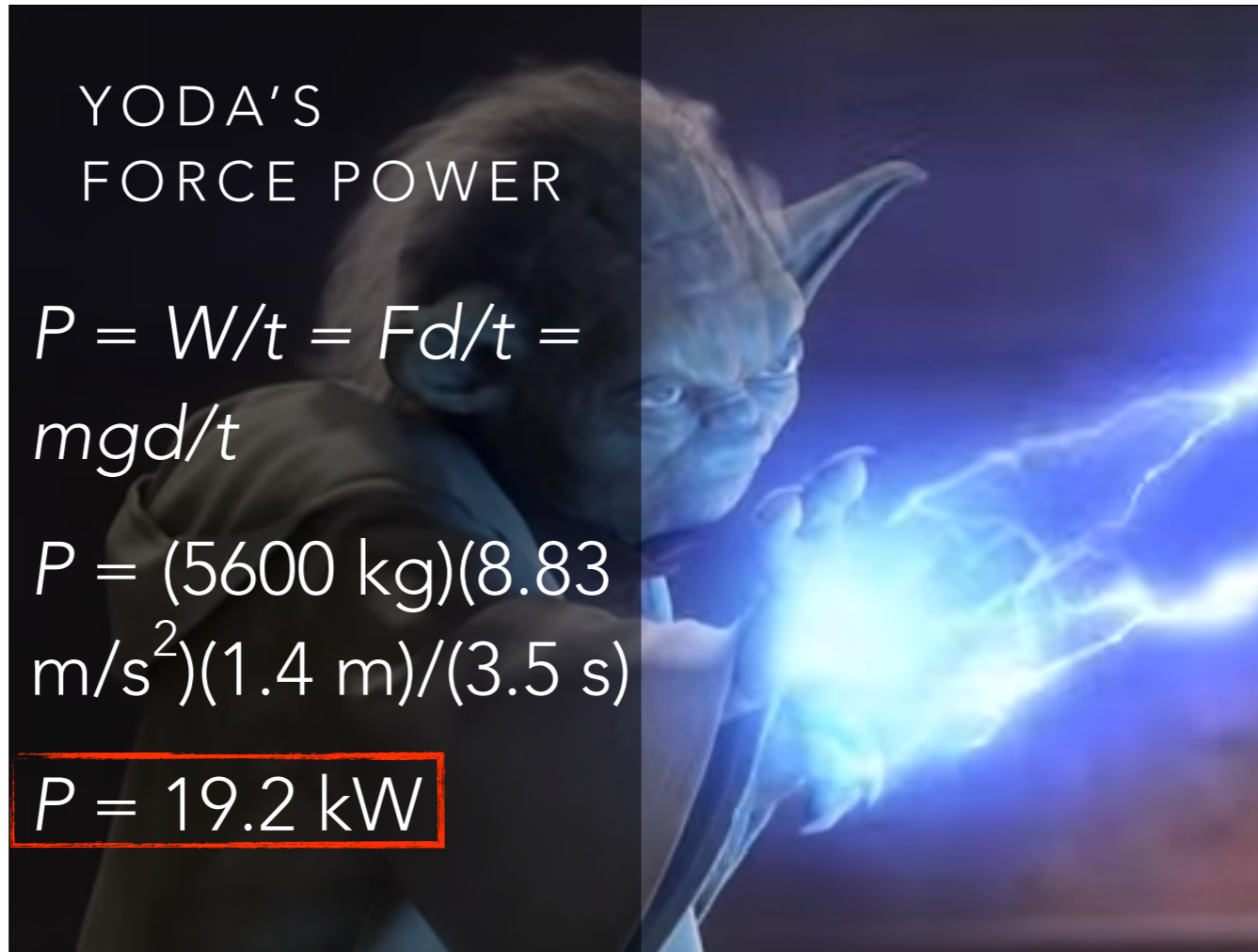


YODA'S  
FORCE POWER

$$P = W/t = Fd/t = mgd/t$$

$$P = (5600 \text{ kg})(8.83 \text{ m/s}^2)(1.4 \text{ m})/(3.5 \text{ s})$$

$$P = 19.2 \text{ kW}$$



# YODA'S FORCE POWER

- Enough to power a block of suburban houses
- ~25 horsepower (about the same as the motor in the electric-model Smart Car)
- At current electricity prices, Yoda would be worth about \$2/hour
- With world electricity consumption pushing 2 terawatts, it would take a hundred million Yodas to meet our demands

